



Faith Community Church  
You Are Complete  
(Hebrews 13:20-21)

Faith Group Questions  
& Discussion Guide



🙏 **Opening Prayer:** Father, be with us as we investigate the many ways we are complete in and through You. Help us to see and walk in Your Spirit.

🧊 **Icebreaker:** Describe a time when you raided the pantry repeatedly or stood in an aisle at Home Depot forever trying to fill a void or solve a problem.

🔑 **Key Points**

1. **Your Foundation:** You are completely reconciled to God because your salvation rests on the everlasting covenant and finished work of Jesus, not on your daily performance.
2. **Your Equipment:** God equips you with every tool you need—like love, peace, and patience—not through striving or acquiring more knowledge, but through total surrender.
3. **Your Internal Power:** The Holy Spirit lives inside you to transform your desires, giving you power when you yield to Him rather than reacting in self-preservation.
4. **Your Ultimate Purpose:** When you rest in your completeness in Christ, you don't need to seek self-promotion or human applause, freeing you to reflect God's glory.

💬 **Discussion Questions**

1. Did you do a heart audit, practice excuse-free ownership, or establish an accountability connection? Tell us about it!
2. In the sermon, Pastor Matt compared spiritual dissatisfaction to wandering around the pantry looking for "that one little morsel that finishes the day." In what ways do we modern Christians tend to "nibble" at the world to satisfy our souls? (Ephesians 2:1-3)
3. Why is it so easy for us to fall into the trap of overcomplicating our faith or feeling like we are "missing something" rather than resting in the simplicity of the Gospel? (Gal 3:1-6)

4. The sermon highlighted that our struggle with godly character (like patience or self-control) is often an issue of *surrender* rather than a lack of *knowledge*. Where in your life are you currently relying on your own strength instead of surrendering? (2 Corinthians 12:9-10)
5. How does knowing that you are sealed with an everlasting covenant through Christ's blood change the way you respond when you stumble, make a mistake, or feel shame? (Ephesians 1:13-14, Hebrews 10:12-14)
6. Think about a recent moment when your default fleshly response (anger, self-defense, or control) started to rise up. What does it practically look like to pause and say, "*Holy Spirit, I yield to You in this moment*"? (Romans 6:12-14)
7. How does a deep conviction that "I am complete in Jesus" free us from the need to defend ourselves or prove our worth in our daily relationships and workplaces? (Colossians 1:15-23, 2:9-10 [NKJV uses the word "complete" in 2:10])
8. What is the difference between living a life that seeks God's *protection* versus a life that yields to God's *glory* and *submission*? (Matthew 6:9-13 - note the words "YOUR")



### **Practical Applications**

1. **Practice the "Spirit-Yield Pause":** This week, whenever you feel defensive, frustrated, or anxious, pause for 5-10 seconds before responding. Silently pray: "*Holy Spirit, I am complete in Christ; I yield this moment to You.*"
2. **Conduct a "Pantry Audit" of the Soul:** Identify one temporary thing you turn to for comfort, security, or validation when you feel empty (e.g., social media scrolling, online shopping, approval-seeking). Replace that habit this week with 5 minutes of Scripture reading or thanksgiving.
3. **Daily Thanksgiving Focus:** Begin or end each day by thanking God for three things He has already accomplished for you, shifting your focus from what you lack to what you have received in Christ.



**Closing Prayer:** Lord Jesus, You have given us so much - even giving us Yourself. Help us to rest in You this week, thanking You for the many ways you bless us, and shifting the glory to you instead of ourselves.