



Faith Community Church
Blessed
(Psalms, Part 1)

Faith Group Questions
& Discussion Guide



Opening Prayer: Pray that God would reveal anywhere we are NOT walking the path of blessing and give us courage to make the changes necessary to choose the path of life.

Icebreaker: What is a song—secular or sacred—that always triggers a specific memory or emotion for you?

Key Points

- 1. Our Legacy of Integrity:** True blessing and a lasting legacy are not built on personal accomplishments or possessions, but on a life of integrity that points others to Christ.
- 2. The Power of the Divine Playlist:** God gave us the Psalms as a rhythmic, poetic invitation to align both our thinking and our feelings with the truth of who He is.
- 3. The Danger of the Downward Slope:** Experiencing God's blessing requires us to guard our steps, ensuring we do not let ungodly mindsets become our primary advisors.
- 4. Roots Determine the Fruit:** True happiness and resilience do not come from forcing behavioral change, but from loving God, delighting in God's Word, and sinking our roots deep into the living water of Jesus.

Discussion Questions

1. Did you audit your sight lines, identify your mission field, or take up a Kingdom Business task last week? Tell us about it!
2. The pastor said that "we don't just think about our lives; we feel our lives." How does recognizing that God cares about our *feelings* change the way you approach Him in prayer or worship? (Psalm 42)
3. Psalm 1:1 warns against walking, standing, and sitting with ungodly influences. What does that gradual, step-by-step drift look like in our modern world? Choose one area - career goals, entertainment, or handling money, and trace the steps. (Proverbs 4:13-17)

4. Our "sifting criteria" shouldn't be *"What do I want?"* but *"What does God want?"* Why is it so incredibly easy to substitute our own desires for God's wisdom, even as believers? (Romans 12:2)

5. What is the difference between reading the Bible out of a sense of rigid "duty" versus reading it out of "delight"? What holds us back from genuinely delighting in Scripture? (Psalm 40:8, Psalm 119:14,16,24,35,47,70,77,92,143,174)

6. Think about the illustration of the tree planted by the water whose "leaf does not wither." How have you seen someone display that kind of spiritual resilience during a difficult season or drought? (Job 1:13-21)

7. In a culture that defines "prosperity" as wealth, ease, and comfort, how does the biblical definition of prosperity (*Salak*—a successful spiritual venture with God's presence) reframe our current struggles? (Isaiah 43:1-2, John 16:32-33, Romans 8:28)

8. Jesus explicitly stated, *"I am the Way, the Truth, and the Life."* How does shifting our focus from a "what" (a set of rules) to a "who" (the person of Jesus) change the way we live out Psalm 1? (John 15:1-11)

Practical Applications

1. **Audit Your Advisors:** Take time this week to look at the top three to five voices influencing your decisions (podcasts, social media accounts, friends, or secular advisors). Intentionally replace one ungodly or cynical voice with a Christian mentor, a biblical podcast, or scriptural counsel.
2. **Change Your Playlist:** Pick one specific Psalm this week (like Psalm 1, Psalm 23, or Psalm 103). Instead of casually reading it once, read it or listen to it audio-style *every day* this week, letting its rhythm and truth play on repeat in your mind to combat anxiety.
3. **Sink a Daily Root:** Choose a consistent 10-minute window every morning to "plant yourself by the stream." Before opening your phone or checking emails, read a passage of Scripture and ask God one question: *"Lord, how can I delight in Your ways today?"*

Closing Prayer: Heavenly Father, help us to walk in complete integrity. Send Your Spirit as the ultimate Counselor to guide our steps away from destructive paths and plant us firmly in the life-giving way and truth of Jesus.