



Faith Community Church
Key to Content

Faith Group Questions
& Discussion Guide



Opening Prayer: Begin by thanking God for His provision and faithfulness, asking Him to open hearts and minds to learn contentment in every season of life.

Icebreaker: Share about a time when you thought getting something new (a job, possession, relationship, etc.) would make you happy, but found yourself still feeling discontent afterward. What did you learn?

Key Takeaways:

1. Contentment is not circumstantial – It's not about what we have or don't have, but about who we have (Christ).
2. Contentment is learned – It comes through walking with God through various seasons and experiences, not through books or a one-time event.
3. Contentment requires commitment – Paul's contentment was rooted in his commitment to Christ as his source of strength.
4. Battles develop us – Life is a battleground, not a playground. God uses difficult seasons to refine and strengthen us.
5. God's strength never runs out – Christ continually pours His strength into us; we don't have to rely on our own limited resources.

Discussion Questions:

1. What did you change and do differently last week?
2. Pastor Tim mentioned that contentment is not about having money, perfect circumstances, or lacking ambition. Which of these misconceptions about contentment have you struggled with most? Why? (Ecclesiastes 2:4-11)
3. Review the definition given: "Contentment is a God-given, Christ-centered, Spirit-supplied ability to accept who you are, to adjust wherever you are, regardless of what you have or don't have, and to do whatever God asks you to do." Which part of this definition challenges you most? (Philippians 4:10-13)

4. Paul said he "learned" contentment through various situations. What does it mean that it is learned rather than imparted or received? Share a difficult season when God taught something valuable about contentment or God's sufficiency. (Ps 119:67, 71, 75)
5. The sermon referenced Joseph's statement: "What you meant for evil, God meant for good." Can you look back on a painful experience and see how God used it to deepen your faith or character? (Genesis 50:15-21)
6. Are you currently in a "plenty" season or a "hunger" season? How is your contentment level? What does this reveal about where you're placing your trust? (Lamentations 3:16-26)
7. Philippians 4:13 emphasizes Christ continually pouring strength into us. How does this change your perspective on facing ongoing challenges? Are you trying to dig deep within yourself, or are you daily receiving strength from Christ? (2 Corinthians 3:5, 9:8)

Practical Applications:

1. Each day this week, identify one thing you're discontent about. Then:
 - Pray and ask God what He might be teaching you through this situation;
 - Thank Him for one way He's already provided for you in this area; and
 - Ask Him to pour His strength into you rather than trying to change the circumstance
2. Create a "Thanksgiving List" of:
 - 5 things God has provided materially
 - 5 ways God has shown His faithfulness in difficult times
 - 5 character qualities God has developed in you through challenges
3. Be alert this week to opportunities God places before you to:
 - Encourage someone who's struggling
 - Give to someone in need
 - Serve someone unexpectedly
 - Share what God has taught you about contentment or His provision

Closing Prayer: Have each person share one thing they're committing to be content about this week, then pray for one another.