

SERMON SERIES: Survival: Being In The Moment

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Key Line

We will not be at our best if we are not present in our lives.

Introduction

Give an example of a time when you were tired and ready to relax but someone needed something from you.

- How did you feel when that need came up?
- How did you respond?
- How do you feel about the way you reacted to that need?

Seek the Word

Read John 4:4-26.

- Who was the woman in the story? *(A Samaritan woman who was also living in a sinful relationship with a man she wasn't married to)* What is it unusual that Jesus took time to speak with her? *(She was a woman. As a man, he should not have spoken to a strange woman. She was also a Samaritan, and Jews did not speak with or associate with Samaritans. They considered them unclean people and avoided them at all costs.)*
- How did Jesus treat the woman? *(He treated her with respect and kindness without discriminating against her because of her gender or ethnicity.)*
- How might Jesus have reacted to that woman instead of talking with her and reaching out to her in love? *(He might have ignored her.)* Why is it important that he did this? *(He demonstrated that people are important and interruptions give us a chance to minister to those in need.)*
- Give some more examples of Jesus taking time to be in the moment and taking advantage of chances to reach out with love. *(Possible examples: healing the leper, standing up for the woman caught in adultery, healing the woman with bleeding)*
- Why do you think Jesus stopped the teaching or ministry he was doing in order to deal with the situations at hand?

Read Ephesians 5:15-16.

- What does this verse mean when it says to make the most of every opportunity? *(Don't waste your chances to be present in your life and to reach out to others.)*
- What is one interpretation of "the days are evil"? *(There is a lot to distract you from focusing on God every day.)*
- What is our primary purpose as Christians? *(To live and love like Jesus)*

Talk About It

As believers, we have the opportunity to be present with one another, caring about one another.

- Share a time when Jesus was present with you when you really needed him. If you don't remember a time, think of a time when he sent someone to reach out to you when you really needed someone.
- How can we be present in each other's lives this week? Choose one way you will be present in your life or in someone else's life this week.