

SERMON SERIES: 52
SPEAKER: Ryan Lingbloom
DATE: September 24, 2023

Sermon Title:

“What’s Worth Worrying About?”

Introduction

This week in our 52 series, we spend some time looking at the worry in our lives. It is easy for our relationship to Jesus fall to the wayside when we are enveloped in our worry. Worry is a part of our lives. It is human to worry. But worry does not fix the problems of today, and Jesus teaches to instead replace our worry with something else.

- What is something that you often worry about? How does that worry affect your life? How have you wanted to see Jesus show up in your worry?

Seek the Word

- Read Luke 10:38-42. Martha finds herself distracted to the point that she feels like she’s losing control. How does Jesus respond to Martha and address her worry?
- Read Matthew 14:22-33. Peter allows his worries to get in the way of keeping his eyes on Jesus. Where else do we see Peter allowing his worries to prevent him keeping his eyes on Jesus?

Go Deeper

Read Matthew 6:25-34. Jesus teaches about how our worries and distractions hinder us. How does this passage add to Jesus’s teaching about worry and doubt in the other passages?

Talk About It

- There were 5 D’s that Martha experiences in her worry. Ryan reminded us that she struggled with Disbelief, Defensiveness, Dismissiveness, Demands, and Desperation. Which one of these do you struggle with the most when you are faced with worry?
- Take some time to pray over your worries together. Ask God to open your eyes to where He is in your doubts. Pray that He helps you with one of the 5 D’s that you are struggling with.
- What do you need to do to keep your eyes on Jesus? Is there something that you need to let go of, so that you can see Jesus clearly?

Wrap Up

Reminder: How do we not miss what’s most important?

Challenge: Take some time this week to continue to pray that God reveals to you where he is in your worries. Reach out to someone in your life that doesn’t know Christ and spend some time talking with them about their worries. Show them the love of Christ in the midst of their struggles this week.