

SERMON SERIES: ALL OF THE TIME

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Key Line

“All of My Mind”

Introduction

Last week we began a new series and read through Matthew 22 as Ryan spoke to us about loving God with all of our heart. This week we focused on Philippians 4:8 as a reminder of the “checkpoint” that we need for our minds in a world that floods our minds consistently.

- Have you (or someone you know) ever had an interesting experience at the TSA security check? If so, feel free to share the funny or interesting stories!

Seek the Word

Read Philippians 4:8

- What is the value of Paul’s care for those he speaks to through his letters?
- What are the things that you have fixed your mind on that aren’t on God?
- What are the things that Paul tells us to fix our minds on in this verse?

Read 2 Corinthians 10:3-5

- What does Paul say about how we are to demolish our strongholds?

Talk About It

- What do you think about the statement that “Your life is always moving in the direction of your strongest thoughts.”
- If you are willing to share, what are the negative thing(s) that consistently run through your mind that tend to hold you down the most in your life?
- What scriptures can you meditate on to redirect your thoughts that parallel what holds you down the most?
- What would it look like to release those strongholds and rise in the Divine presence?

Wrap Up

Reminder: “Our thought life shapes our life.”

Challenge: Identity the strongholds and take hold of them and say that you are free from those thoughts and that you are freed by the Divine presence with you!