

PRACTICAL TRAINING TWO- MY STORY

Words in black: The trainer will say

Words in blue: The trainer will write or draw AND say

Words in gray brackets italicized: *[Direction for the trainee]*

SCRIPT:

Panel 2 (left inside panel)

Welcome to practical training number two... or PT two. This training is called, “My Story.”

To do this training, each person will need the sheet of paper they used for PT-1 *[show the paper]* ... and something to write with *[show the pen]*. If anyone doesn't have the PT-1 training sheet... no problem... just use a blank sheet of copy or printer paper folded in half, and you can transfer the contents to the other sheet later.

[give the trainee some time to gather these supplies if needed]

As we mentioned, each practical training is designed to do TWO things... to train YOU to make disciples... and to EQUIP you to train OTHER disciple-makers. These videos will still be available if you need them... as well as a downloadable instruction sheet... but after each PT training... YOU become the TRAINER for that training. And all you need... is a few sheets of paper... and some pens. So remember to bring these supplies when you train others... and then remind them to bring their training sheet back to the next group gathering.

Okay, let's begin this training.

Using the same paper we used to go through PT-1... OR A REPLACEMENT SHEET... let's open the paper and use the LEFT INSIDE panel. It will make it easier if you fold the sheet the opposite way so you can focus on just that panel

[fold sheet back to see only the left inside panel].

In the top left corner, let's write **PT dash TWO [PT-2]**... and then write the title of this training: **MY STORY**. Then underneath that line... draw an arrow and write the purpose of this training... which is... **SHOW JESUS IS ALIVE**. And then draw a line across the entire page under this heading.

In Acts 1:8, Jesus said, *"But you will receive power when the Holy Spirit comes upon you. And you will be My witnesses, telling people about Me everywhere—in Jerusalem, throughout Judea, in Samaria, and to the ends of the earth"* (NLT).

Notice, Jesus sent the Holy Spirit to empower us to be His witnesses in the city and region where we live, in the regions around us, and to the ends of the earth. He wants us to tell everyone that He's alive... and that He's still healing and saving people.

So let's write **ACTS 1:8**... and draw a box around it... and then write... **JESUS SAID, BE MY WITNESSES**

[below the title, write the reference verse and draw a box around it then write the words in CAPS]

A witness is someone who gives testimony to something they saw, heard, or experienced. In other words, they tell their story. Many people have heard about Jesus healing people and doing miracles, but they don't realize that He's alive, and that He's still doing miracles today. That's why we need to be His witnesses.

In this training, we will write our testimony... our story... of how Jesus changed—or is changing—our life. By writing our story simply and clearly, we'll be ready at all times to be a witness of Jesus... to tell others what He has done for us. And since Jesus is still working in our lives, our testimony will continue to evolve over time. But for now, we'll write about how Jesus has impacted us to this point.

Okay, let's draw a line across the entire page, just under what we've written.

[draw a line across the whole page just under Acts 1:8]

Then... let's use TWO additional lines to divide the remainder of this panel into three somewhat equal sections.

[draw 2 additional lines]

Now let's label each section by writing a word in the top left corner.

In the first section, let's write the word, **BEFORE**, and draw a line under it... and up to the other line to box it in.

[write the words in CAPS in the top left corner of the first section and box it in]

In the middle section, let's write the word, **HOW**, and box it in the same way.

[write the words in CAPS in the top left corner of the second section and box it in]

And in the third section, let's write the word, **AFTER**, and box it in as well.

[write the words in CAPS in the top left corner of the last section and box it in]

So now you can see the simple three-part format of your story. You'll share about your life BEFORE meeting Jesus *[point to the first section]* ... you'll share HOW you MET Jesus... *[point to the second section]* ... and you'll share how your life changed AFTER meeting Jesus... *[point to the third section]*.

Now let's add some PROMPTS to help our story begin... and flow from one part to the next.

Just to the right of the word, BEFORE, let's write, "**THERE WAS A TIME IN MY LIFE... [dot, dot, dot].**"

[write the words in CAPS in the first section after the word 'Before']

Then... just to the right of the word, HOW, let's write, "**BUT... [dot, dot, dot].**"

[write the words in CAPS in the second section after the word 'How']

And just to the right of the word, AFTER, let's write, "AND NOW... [dot, dot, dot]."

[write the words in CAPS in the last section after the word 'After']

Now... please lay your pens down and watch what I do next. I want to show you how simple it is to outline the rest of your story, and also how beautifully it will flow. When I finish... I'll read my story to you, give you some final instructions, and then invite you to pick up your pens and finish your training as a group.

First, I'm going to write three or four key words—or very short phrases—in each of the three sections. Since I've done this before, mine will flow very quickly.

[silently and quickly write the below words and phrases in each section]

[BEFORE]

- SO LONELY
- ADDICTED
- EMPTY FEELING
- SOMETHING MISSING

[HOW]

- MARIA
- HER LIFE CHANGED
- ASKED JESUS TO HELP
- BEGAN FOLLOWING HIM

[AFTER]

- FREE FROM ADDICTION
- JOY AND PEACE
- PURPOSE
- JESUS IS WITH ME

Okay, now that I've written three or four key words or phrases in each section, let me show you how MY STORY flows.

[point to each section as you share that part of your story]

[BEFORE]

THERE WAS A TIME IN MY LIFE... when I was SO LONELY... I was ADDICTED to drugs and alcohol, and no matter what I tried, I couldn't break the cycle... I also had this EMPTY FEELING inside that wouldn't go away... I knew that SOMETHING was MISSING.

[HOW]

BUT... one day I was talking to a co-worker of mine named MARIA... she told me about the love of God... and she shared how much HER LIFE had CHANGED since she began following Jesus... so later that night I ASKED JESUS TO HELP ME... I told Him I was sorry for the way I was living and that I wanted to be free. That night... I BEGAN FOLLOWING JESUS.

[AFTER]

AND NOW... I am FREE FROM ADDICTION to drugs and alcohol... I have JOY AND PEACE in my heart... my life now has PURPOSE and meaning... and I feel so secure knowing that JESUS IS WITH ME every day.

Because our story is personal, it relates to other people. And as we tell it, the Holy Spirit not only helps them to think about similar areas of their own lives, but He helps them realize they need Jesus too.

Okay... can you see how adding a few key words or phrases provides enough content to tell your story? You can be in any conversation and say something like, "You know... there was a time in my life when"... and your story will just flow from there. Sometimes you may only have 15 seconds to share your story, so you'll just share the highlights. And here's some good news... if you'll ask Him, the Holy Spirit will guide you to share just the right parts of your story to touch each person's heart. You may also have the opportunity to share the gospel more thoroughly. We'll talk about that in the next practical training.

Okay... now before you pick up your pens... yeaaahhh... put 'em back down (smiling)... let me give you some FINAL INSTRUCTIONS, and then you can take it from there:

[give final instructions to the trainee]

1. FIRST... take a couple of minutes to write down the key words or phrases in each of the three sections. Don't bother writing words like, "I was"... or "and then"... just write the most important words to help you remember what happened.
2. SECOND... take time now to let each person practice their story TWICE. For groups larger than three, it usually saves time to pair up.
3. THIRD... each of you, practice your story multiple times this week... even as many as 8–10 times. This will help you feel very comfortable sharing it.
4. AND LAST... keep praying daily for the people on your PT-1 panel... and look for opportunities to share your story with others.

[simplified version of final instructions for trainee]

Again...

1. Write the key words
2. Practice your story twice now
3. Practice your story this week
4. Pray for the lost daily and share your story

Now when you're finished, take a clear picture of this panel so you'll always have it with you. You can save all of your practical training panels in one photo album so you can easily find them.

Have FUN!