

Trinity United Methodist Church
May 30, 2021 Trinity Sunday
Laying Down Our Lives!

Ephesians 5:21-33

²¹ submitting to one another out of reverence
for Christ.

²² Wives, submit to your own husbands, as to
the Lord. ²³ For the husband is the head of the
wife even as Christ is the head of the church,
his body, and is himself its Savior. ²⁴ Now as

the church submits to Christ, so also wives should submit in everything to their husbands.

²⁵ Husbands, love your wives, as Christ loved the church and gave himself up for her, ²⁶ that he might sanctify her, having cleansed her by the washing of water with the word, ²⁷ so that

he might present the church to himself in splendor, without spot or wrinkle or any such

thing, that she might be holy and without blemish. ²⁸ In the same way husbands should love their wives as their own bodies. He who loves his wife loves himself. ²⁹ For no one ever

hated his own flesh, but nourishes and cherishes it, just as Christ does the church,³⁰ because we are members of his body.

³¹ “Therefore a man shall leave his father and mother and hold fast to his wife, and the two shall become one flesh.”³² This mystery is profound, and I am saying that it refers to Christ and the church.³³ However, let each one of you love his wife as himself, and let the wife see that she respects her husband. ESV

Matthew 16:25 For whoever would save his life will lose it, but whoever loses his life for my sake will find it. ESV

John 15:13 Greater love has no one than this, that someone lay down his life for his friends. ESV

Ephesians 5:15-21

¹⁵ Look carefully then how you walk, not as unwise but as wise, ¹⁶ making the best use of the time, because the days are evil.

¹⁷ Therefore do not be foolish, but understand what the will of the Lord is. ¹⁸ And do not get drunk with wine, for that is debauchery, but be filled with the Spirit, ¹⁹ addressing one another in psalms and hymns and spiritual songs, singing and making melody to the Lord with your heart, ²⁰ giving thanks always and for everything to God the Father in the name of our Lord Jesus Christ, ²¹ submitting to one another out of reverence for Christ. ESV

Genesis 2:18-23

¹⁸ Then the Lord God said, “It is not good that the man should be alone; I will make him a helper fit for him.” ¹⁹ Now out of the ground the Lord God had formed every beast of the field and every bird of the heavens and brought them to the man to see what he would call them. And whatever the man called every living creature, that was its name. ²⁰ The man gave names to all livestock and to the birds of the heavens and to every beast of the field. But for Adam there was not found a helper fit for him. ²¹ So the Lord God caused a deep

sleep to fall upon the man, and while he slept took one of his ribs and closed up its place with flesh. ²² And the rib that the Lord God had taken from the man he made into a woman and brought her to the man. ²³ Then the man said, “This at last is bone of my bones and flesh of my flesh; she shall be called Woman, because she was taken out of Man.” ESV

1. **God** has **infused** marriage with great **power** for our lives.

2. Marriage is the **greatest human relationship** in our lives.

3. Christian Marriage is a **covenant relationship** and requires **commitment**.