

Managing Conflict

HUDL Podcast Episode 5 Outline

RESPONSE QUESTIONS

- 1) Has there ever been a time in your life that you had a conflictual conversation with someone else? If you're in a group, share about it.
- 2) When it comes to conflict, are you more prone to sweep it under the rug or address it immediately? Why do you think that is?
- 3) We talked about 3 ways you can prepare for conflictual conversation: Prepare Your Heart, Prepare The Facts, and Prepare for A Win or Loss. Out of the 3, what's the main one you could improve on and why?
- 4) Is there someone or a group of people in your life that you need to have a conflictual conversation with? What's holding you back from doing it?

HOW TO PREPARE FOR CONFLICT

- 1.** Prepare Your Heart
- 2.** Prepare The Facts
- 3.** Prepare For A Win...or Loss