

FEBRUARY  
2024

Preteen



# Gear Up: An adventure in kindness

Kindness is showing others they are valuable by how you treat them.



## MEMORY VERSE

“You are God’s chosen people. You are holy and dearly loved. So put on tender mercy and kindness as if they were your clothes. Don’t be proud. Be gentle and patient.”  
Colossians 3:12, NIV

### Week One

#### The Kindness of Jesus

Matthew 8:1-4, Matthew 19:13-15, Matthew 9:10-13

What does kindness look like?

### Week Two

#### Ruth and Naomi

Ruth 1-2

When is it hard to be kind?

### Week Three

#### Go the Extra Mile

Matthew 5:41

When have you been surprised by kindness?

### Week Four

#### Good Samaritan

Luke 10:25-37

How can you care for people who are different from you?

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ENGAGE IN EVERYDAY MOMENTS TOGETHER



## Morning Time

As your kid starts their day, tell them about something they did or said that showed kindness. (Or maybe it was something they chose NOT to say or do.)



## Meal Time

At a meal this week, have everyone at the table answer this question: “What does kindness look like?”



## Drive Time

While on the go, ask your kid: “What is something kind you’ve seen someone say or do lately—even if it’s online?”



## Bed Time

Pray for each other: “Jesus, help us to show others kindness and compassion the way that You did.”

More Ways to Engage with Your Kid

Faith & Character Activities



Worship Song of the Month



Download the Parent Cue app

AVAILABLE FOR APPLE AND ANDROID DEVICES



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