# The Power of Thank You

May 24, 2020

Scriptures: Luke 17:11-19; James 1:17

Bottom Line: Gratitude isn't just to be experienced, but also expressed.

#### Luke 17:11-19

- v. 14 If you wait for your problems to be over before you start walking by faith, you will miss the power of Jesus in your circumstances
- v. **15-16 -** Our praise and thankfulness should match the depth of Jesus' grace and mercy
- v. 17-19 We all get to experience gratefulness, but only those who say "Thanks" get a second blessing

# What Happens When You Pursue and Express Gratitude?

- Raises the value of others
- Gateway to greater wonder
- Greases the gears of goodness

# Gratitude Killers

- Busyness or Distraction
  - Antidote Savour the Good (slow down)
- Adaptation
  - Antidote Fasting (intentionally go without)
- Entitlement
  - Antidote Say Thank You

# The Power of Thank You

May 24, 2020

Scriptures: Luke 17:11-19; James 1:17

Bottom Line: Gratitude isn't just to be experienced, but also expressed.

# Luke 17:11-19

- v. 14 If you wait for your problems to be over before you start walking by faith, you will miss the power of Jesus in your circumstances
- v. 15-16 Our praise and thankfulness should match the depth of Jesus' grace and mercy
- v. 17-19 We all get to experience gratefulness, but only those who say "Thanks" get a second blessing

# What Happens When You Pursue and

#### Express Gratitude?

- Raises the value of others
- Gateway to greater wonder
- Greases the gears of goodness

# Gratitude Killers

- Busyness or Distraction
  - Antidote Savour the Good (slow down)
- Adaptation
  - Antidote Fasting (intentionally go without)
- Entitlement
  - Antidote Say Thank You

## LISTENING

Check in with everyone, see how the week has been. Give each person your attention, engage with what they're saying. If you're having trouble talking about your week, here are some things to talk about

- What fears have you had this week?
- How did you overreact this week?
- How have you experienced God's goodness this week?
- What/who are you praying for this week?

## DISCUSSION QUESTIONS

- 1. Review Sunday's message. What stood out to you? What challenged you? Are there any lingering questions?
- 2. Apart from Jesus, who in your life stands out as someone who has given you a great deal? What have they done for you?
- 3. When you think about your interactions with God, how much of your time do you spend thanking Him versus asking Him for things?
- 4. Which of the three "gratitude killers" that Terry mentioned do you struggle with the most: Busyness/Distraction, Adaptation, or Entitlement?

# Pay It Forward Challenge

During "Pay It Forward May," take the time to thank someone in your life for their kindness and friendship.

# LISTENING

Check in with everyone, see how the week has been. Give each person your attention, engage with what they're saying. If you're having trouble talking about your week, here are some things to talk about

- What fears have you had this week?
- How did you overreact this week?
- How have you experienced God's goodness this week?
- What/who are you praying for this week?

## DISCUSSION QUESTIONS

- 1. Review Sunday's message. What stood out to you? What challenged you? Are there any lingering questions?
- 2. Apart from Jesus, who in your life stands out as someone who has given you a great deal? What have they done for you?
- 3. When you think about your interactions with God, how much of your time do you spend thanking Him versus asking Him for things?
- 4. Which of the three "gratitude killers" that Terry mentioned do you struggle with the most: Busyness/Distraction, Adaptation, or Entitlement?

# Pay It Forward Challenge

During "Pay It Forward May," take the time to thank someone in your life for their kindness and friendship.