

SEVEN DEADLY SINS

DISCUSSION GUIDE

WEEK 7: LAZINESS

Read the Text

Proverbs 26:13-16; 6:6-10

13 The sluggard says, "There is a lion in the road!
There is a lion in the streets!"

14 As a door turns on its hinges,
so does a sluggard on his bed.

15 The sluggard buries his hand in the dish;
it wears him out to bring it back to his mouth.

16 The sluggard is wiser in his own eyes

Main Point

Whether you're a Christian or not, a human being's primary motivation in life is to strive for meaning and purpose. Nothing gets in the way of this more than laziness. ***Sloth or laziness is an intense desire for comfort, an aimless indifference, or a loss of desire that leads to a failure to use one's abilities to fulfill a calling.***

Like the other deadly sins, laziness can hide itself. For example, we may have a skewed view of what true Sabbath means where we use it to laze around instead of truly resting in God's presence. Or we may have a sense of entitlement because maybe we're going through a hard time. Our problem could also be a mis-prioritization of our time and how we spend it. Either way, ***when we lack understanding of true rest and instead give into laziness, we waste the good gifts that God has given us and***

miss out on the opportunity to pursue our true meaning and calling.

How do we get out of this hole of laziness? ***The antidote to laziness is passion.*** We need to re-discover our passion, and a great way to start that journey is to remember the passion that Jesus has for us. It is only out of following Jesus and His example that we can truly be freed from laziness.

Reflect Together

- 1. *Who is God?*** Consider God's passion for us and Jesus' passion while He was here on earth. What did that look like? How do you experience His passion for you?
- 2. *What has He done?*** When was a time you felt a holy passion? How was that driven by your rest in Jesus?
- 3. *Who are you?*** Where do you find yourself giving into laziness? What tends to lead you to that response?
- 4. *What are you to do?*** What is a next step you could take to explore your relationship with laziness? How do you think God is inviting you to draw closer to Him in this?

Abide Together

As an MC, pray together about what was revealed during this discussion. Pray that the Spirit would reveal to you where you are succumbing to laziness and what next step He would have you take.

Mission Together

As you consider the passion that God has given you, what's a practical next step you can take this week to follow through on it?