

# Group Discussion

## OVERVIEW

The empty tomb delivers three of Jesus' promises to us. He is not dead. He has risen to be next to His Father. And it happened just like He said it would. The secret of being fearless is found in the empty tomb. Have no fear. We can put our trust in Jesus because of an empty tomb.

## GETTING STARTED

1. So, what is fear? Why do you think we experience fear? What are some of the biggest and most obvious fears people might have? How do you personally overcome fear?

## FROM THE SERMON

2. Read Matthew 28:1-5. How would you have reacted when the angel descended from heaven? How did the guards react? Share about what fear does to us. How do you personally handle fear? How do you react?
3. Read Matthew 28:5-10. How many times were Jesus' followers told not to be afraid, and why? How could someone have fear and great joy at the same time? What three reasons did the angel give to Jesus' followers to not be afraid? What impact does the empty tomb make for you personally?
4. Read Ephesians 2:1-10. What part of this passage means the most to you? How has the Lord showed you His immeasurable riches in the past few days? How are you being called to be His workmanship or His masterpiece especially in this time of high anxiety and fear (Hint – think back to the empty tomb)?
5. Looking back at your notes from this week's teaching, was there anything else you heard for the first time that caught your attention, made you curious, or inspired you to think deeply?
6. What are you hearing from the Holy Spirit right now?

## NEXT STEPS

7. What will you do with this new truth or spiritual insight that has been revealed by the Holy Spirit?
8. Please make time to pray together.