

Discussion Questions

INTRODUCTION

Being in the wilderness is lonely and rarely feels good. Discover how God uses those experiences in our lives to grow us in maturity.

GETTING STARTED

1. Share about a time when you got 'benched' by a coach or a teacher. What happened? Did you do anything wrong? How did you get back into the game?

BIBLE IDEA

2. Read 1 Kings 19:1-5. Why did Elijah flee to the wilderness? What did he want the Lord to do? Discuss when you may have felt this way. How did you handle it? Where did you turn for help?
3. Read 1 Kings 19:6-19. In what ways did the Lord encourage Elijah while he was in the wilderness? In what way has the Lord encouraged you in the wilderness?
4. In the wilderness, God wants you to gain...
 - a. **Humility** – Read Philippians 2:3-5. What are some practical ways to place others' needs first? How do you struggle with this? In what ways can we gain the same attitude of Christ?
 - b. **Faith** – Read 1 Peter 1:5-9. What does our faith activate (vs. 5)? What are we filled with as we walk by faith (vs. 8)? Talk about past experiences when faith was the only thing that got you through trials or suffering.
 - c. **Intimacy** – Read Psalm 139. Take turns reading and praying through this chapter. Stop after each thought to thank the Lord together for how intimately He wants to know you.

NEXT STEPS

5. Plan out a morning or evening to be alone with God for one hour. Talk together about some ideas of what you might do while you're in the 'wilderness' with the Lord.