

Group Discussion

INTRODUCTION

Uncertain times lead to fear, and fear can kill our faith. But what if you had a cure to your fear? What might happen to you and those around you when you begin to operate in this cure of fear?

GETTING STARTED

1. Looking back on your week of being secluded, share some of the joys of solitude you've experienced. What have been some of the obstacles that got in the way of feeling joy? What experiences have been the most meaningful to your spiritual growth?

FROM THE SERMON

2. Looking back at your notes from this week's teaching, was there anything you heard for the first time that caught your attention, made you curious, or inspired you to think deeply?
3. Read Philippians 4:4-9. Together, discuss what joy looks like...especially right now. How will you turn your anxious thoughts to the Lord? What promise is given as we take our requests to God (vs. 7)? In relation to your thinking, which one of the attributes do you most identify with in verse 8, and why?
4. Read Mark 11:22-24 & 1 John 5:14-15. What does a healthy prayer life look like? How is our faith connected to this? What can we have confidence in? How does this way of praying help you avoid giving into fear?
5. What are you hearing from the Holy Spirit right now?

NEXT STEPS

6. What will you do with this new truth or spiritual insight that has been revealed by the Holy Spirit?
7. Please make time to pray together.