

Discussion Questions

INTRODUCTION

This truth is life changing: **Jesus is sufficient in all things**. What would it be like to have regret, shame, and guilt be replaced with joy? What would you do with that joy? How would that joy impact your entire outlook on life?

GETTING STARTED

1. Name some blends of ice cream flavors that taste great. What about some that would be awful?
2. What's the difference between a myth and a truth? How can you tell the difference?

BIBLE IDEA

3. Read Colossians 2:8. Think of some current philosophies or teachings that threaten Christian beliefs.
4. Read Colossians 2:15 & Acts 17:11. How can we defend our faith from deceptive teachings?
5. Read Colossians 1:15-20. List the attributes that make Jesus sufficient to bridge the gap between God and man. How else is He sufficient in your life?
6. Read Colossians 1:21-23. Give a situation where something or someone tried to move you away from the Gospel. How did you respond or react?

NEXT STEPS

7. Think about a current situation that is a struggle for you. How will holding on to the sufficiency of Jesus impact your situation? How will this give you wisdom to make the best move forward?
8. What would it be like to be able to replace regret, shame, and guilt with joy and peace? Explain how you can do this.