# **Discussion Questions**

### **INTRODUCTION**

There is a war raging for your soul. Your body and spirit are fighting for control. Find out how to be set free to flourish.

#### **GETTING STARTED**

1. What was your favorite moment of Christmas this year? Who else was involved? What was so meaningful about it?

## **BIBLE IDEA**

- 2. Read Romans 7:14-25. How can you relate to the battle Paul is describing? What's the result when you cannot find resolution to the war raging within? (vs. 24)
- 3. Read Romans 8:1-4. How do you think this 'condemnation' or 'shame' is related to the battle between the flesh and the Spirit? Why do you think the law is powerless to release us from the consequences of our sin?
- 4. Read Romans 8:5-8. Give some examples of 'setting the mind on what the flesh desires'. What is the consequence of setting our mind on the flesh? (vs. 6) What is the outcome of a mind governed by the Spirit? (vs. 6) What might hostility towards God look like?
- 5. Read Romans 8:37-38. Make a list of all the things that **cannot** separate you from the love of God. How are you inspired by these verses to flourish?

#### **NEXT STEPS**

6. What is one choice you can make this week to flourish with God in 2018?