

Group Discussion

INTRODUCTION

How often do we pray? What do we do when praying? What is the hardest part about prayer for us? What if Jesus made it simple for us by saying, "Just show up!"

GETTING STARTED

1. Share a time when you were hesitant to try something new. How did you overcome your hesitations? What steps did you take to stay on track to the new way of thinking or behavior? Compare this to building a stronger prayer life.

FROM THE SERMON

2. Looking back at your notes from this week's teaching, was there anything you heard for the first time that caught your attention, made you curious, or inspired you to think deeply?
3. Read Matthew 6:5-8. How are we like hypocrites and pagans in our prayer life today? According to Jesus, how can we change our focus?
4. Read Romans 12:1-2. What principles do you see within this passage that lead to transformational prayer (hint: there are at least 4)? Which one do you most identify or struggle with?
5. Read Matthew 6:9-13. As you read the Lord's prayer, what stands out to you? What part of it can you relate with the most? Which part might be confusing? How will you apply one of these approaches into your prayer life right now?
6. What are you hearing from the Holy Spirit right now?

NEXT STEPS

7. What will you do now with this new truth or spiritual insight that has been revealed by the Holy Spirit?
8. Please make time to pray together.