

# Discussion Questions

## **INTRODUCTION**

Consider the best way to get through those tougher seasons of life. Whenever you need to recapture your faith – read through Psalm 107 and remain grateful.

## **GETTING STARTED**

1. List some people in your life that you are grateful for having as mentors and friends.
2. Spend a few moments thinking of some ways you could let those people know of your gratitude.

## **BIBLE IDEA**

3. Read Psalm 107:1-3. Share for a moment how you are thankful for what the Lord has done in your life. Share your story of how the Lord redeemed your life. How will His love endure forever?
4. Read Psalm 107:8-14. How has God quenched your thirst and filled your hunger? What darkness has He brought you through? What chains has He freed you from? Write out one sentence that expresses the sort of gratitude you'd like to display.
5. Read Psalm 107:15-42. Think of one way the Lord shows His unfailing love to mankind. What are some ways we can make offerings of thanksgiving?
6. Read Psalm 107:43. Discuss wisdom as it is compared to pondering the loving deeds of the Lord and being grateful.

## **NEXT STEPS**

7. Commit to spending some time this week being still and in a state of gratitude. What might this look like? Each day commit telling at least one person you know how much you are thankful for them.