

Group Discussion

INTRODUCTION

Distractions, interruptions, aggravations, and irritations. What if you could create space where all the mindless noise became silent for a moment each day? How would you hear from God more clearly?

GETTING STARTED

1. If you had enough money to never have to work again, what would you do with your time?

FROM THE SERMON

2. Looking back at your notes from this week's teaching, was there anything you heard for the first time that caught your attention, made you curious, or inspired you to think deeply?
3. Read Matthew 6:5-7. Of the two illustrations Jesus uses, which one do you most relate with when you struggle in prayer? In your own words, how does the Lord want us to approach him?
4. Read Psalm 23:1-3. Discuss how you will put into practice the restorative truth of this passage. What do you experience when you rest in the Lord? What keeps you from this type of rest?
5. Read Luke 10:38-42. Why was Martha irritated with her sister? How did Jesus refocus her priorities? Talk about a time when you were so distracted that you missed a moment with Jesus. According to verse 39 and 42, what is the one thing we've got to do regularly for spiritual growth, and how will you fit this into your daily habits?
6. What are you hearing from the Holy Spirit right now?

NEXT STEPS

7. What will you do with this new truth or spiritual insight that has been revealed by the Holy Spirit?
8. Please make time to pray together.