

# Discussion Questions

## **INTRODUCTION**

We live in a fear-filled society that keeps us anxious about our future. Our own hearts are prone to fear when we put our focus on people, circumstances, and events that are beyond our control. As Christ followers, God never intended for us to live in fear. But how do we break free from that bondage?

## **GETTING STARTED**

1. Have you ever done something irrational as a result of fear? What was it?
2. Talk about a circumstance or event that you feared but which never came true.

## **BIBLE IDEA**

1. Read Joshua 1:1-9. What promises did Joshua receive from God that gave him the ability to “be strong and courageous” and “fear not”?
2. Read Isaiah 41:9-10. How can walking in God’s will and purpose for your life be an anecdote for fear?
3. Pastor Willy said that fear is “a concern about the unknown.” An acronym for fear is: False Expectations Appearing Real. As believers we know we are God’s children, what does our fear of the unknown say about how we view God?
4. Read Psalm 34:4-5. How have seeking God and claiming the promises of God’s Word helped you alleviate fear?
5. See Proverbs 14:26 & 29:25. Compare and contrast fear of man vs. fear of the Lord. It’s been said that “the fear that ends all fear is the fear of the Lord.” How does fearing the Lord eliminate fear?

## **NEXT STEPS**

6. What fear has God spoken to you about today? What steps can you take to turn that fear into faith?