

Discussion Questions

INTRODUCTION

Beyond all the rules and rituals, a real life with God is captured by a real relationship with Him. Prayer is the key. How would focusing your mind and heart on what matters most to God renovate your life? Your family? Your work? Your church?

GETTING STARTED

1. What were some of the rules you had to follow as a kid that still confuse you to this day? Why?
2. What does it mean to make your relationships more important than the rules?

BIBLE IDEA

3. Read Colossians 2:16-23. How have you seen legalism affect a church or family? What are some of the main problems with legalism? Share about some ways you are presently guarding yourself against legalism.
4. Read Colossians 3:1-3. Think of some ways you can keep your heart and mind on “things above”. What does being “hidden in Christ” look like to you?
5. Read Colossians 4:2-6 & Philippians 4:6-9. List some ways prayer will draw you to a real & vibrant relationship with Jesus and others.
6. Read Colossians 4:7-18. What stands out about the focus of Paul’s prayer life? What are some ways we can move away from “me-centered” praying?

NEXT STEPS

7. Commit to pray daily for a certain person, situation, or conflict for the entire week. Then evaluate how praying changed your behavior & attitude.