# **GROUP DISCUSSION**

### INTRODUCTION

We are all impacted by our family of origin – in good and not so good ways. We didn't choose our family, and yet it seems we are stuck with them! How we process our experience in our family of origin greatly impacts how we interact in our most important relationships.

#### **GETTING STARTED**

- 1. In what ways are you similar and in what ways are you different than your parents?
- 2. If more is "caught than taught", what are some of the good and bad things that you caught from your parents? What did you receive from your family that you are grateful for and what did you fail to receive that you wish you had?

## **BIBLE IDEA**

- 3. Read Mark 3:32-35. What is Jesus saying here regarding family?
- 4. What are some of the struggles people have when they hear God referred to as "Father?"
- 5. In what ways is your spiritual (church) family a real family to you? (See Romans 12:10-15; Ephesians 4:1-6, Galatians 6:2 and 1 Corinthians 12:13)
- 6. If you are still struggling with wounds and pain from your natural family, how would you begin to see your past differently?
- 7. What did the Holy Spirit reveal to you as a result of this message?

## **NEXT STEPS**

8. What steps of obedience do you need to take as a result of what you've heard? How can we support you?