

# Group Discussion

## **INTRODUCTION**

Do you live in fear? What if God had a different approach for us? Could we seek Him out as our refuge and strength and leave our fears behind? The solution is right before our eyes!

## **GETTING STARTED**

1. Share an experience when you were so scared that you literally couldn't move? What happened? Who was with you? How old were you?

## **FROM THE SERMON**

2. Looking back at your notes from this week's teaching, was there anything you heard for the first time that caught your attention, made you curious, or inspired you to think deeply?
3. Read Psalm 46. What three declarations set the outline of this passage (look at vs. 1-3, 6-9, 10-11)? Why do you think the writer asked us to pause three times? How are you going to pause in the midst of the current situation we are facing?
4. Read 1 John 4:4-6,18. What sets followers of Jesus apart from following the fears of the world (v. 4)? How can we know the difference between the Spirit of truth and the spirit of error? In what ways this week will you choose to walk by faith instead of fear?
5. What are you hearing from the Holy Spirit right now?

## **NEXT STEPS**

6. What will you do with this new truth or spiritual insight that has been revealed by the Holy Spirit?
7. Please make time to pray together.