

Discussion Questions

INTRODUCTION

Imagine if you could remain joyful through any circumstance. What would this look like and how can you obtain this attitude?

GETTING STARTED

1. Why is it that Christmas, so filled with joy, is also the holiday that people feel the most 'joyless' and alone?

BIBLE IDEA

2. Read Luke 2:4-12. Why were Joseph and Mary travelling to Bethlehem (vs. 5)? Imagine an angel of the Lord appearing before you, saying the proclamation of verses 10-12. How would you react? How would you share this story with others?
3. Read Philippians 4:12-13; Hebrews 12:14-15; Psalms 32:1-5. List and describe the type of circumstance that robs us of joy. How do we allow these circumstances to steal our joy?
4. Read Psalms 16:11 & Zephaniah 3:17. List five ways the Lord fills us with His joy (vs. 3:17). How has your definition of joy changed since starting a personal relationship with Jesus?
5. Read Psalms 19:8; Psalms 4:6-8; Psalms 92:4. In each passage, give a one-word description of why the writer delights in the Lord. How can you increase your joy?
6. Read Romans 14:15-18 & Psalms 90:14. Describe the joy you receive from the Lord when compassionately serving others.

NEXT STEPS

7. Share three challenges for living a daily joy-filled life. Share an instance where obedience to the Lord led you to experiencing joy. What is the Lord saying to you through this discussion about joy?