

Discussion Questions

INTRODUCTION

Healthy, spiritual hunger can be suppressed. Yet, some of the best examples of people with a rich spiritual life are also those who are hungry. What can we do to renew a sense of healthy, spiritual hunger?

GETTING STARTED

1. On a scale of 1-10, rate the intensity of your spiritual hunger.
2. Do you like “spiritual junk food,” i.e. achievement scorecard, unhealthy relationships, media, entertainment, adrenaline, wealth? What do you binge on?

BIBLE IDEA

3. Read Philippians 2:5-8. What would being “empty” look like for you?
4. Read Paul’s prayer for you in Ephesians 3:14-19. What does Paul want to see God do in your life?
5. Hebrews 12:1-2 tells us that we have a “great cloud of witnesses” and to “throw off everything that hinders.” What is entangling you? What is hindering you?

NEXT STEPS

6. What are you going to leave behind this week so that you can pursue Jesus?
7. How are you going to pursue Jesus this week?