

# Discussion Questions

## **INTRODUCTION**

Can't sleep? Drowning in bitterness or anger? Is it difficult to breathe? It's time to be set free and forgive.

## **GETTING STARTED**

1. Share an experience when a kid at school hurt you. Was it ever resolved? How do you feel about that kid today?
2. Besides Jesus, who comes to mind as a great picture of forgiveness? Why?

## **BIBLE IDEA**

3. Read Matthew 18:21-35. Do you think believers have difficulty forgiving others? Why or why not? Discuss the link between being forgiven by Jesus and having a forgiving heart.
4. Read Colossians 3:12-15. What sets us apart from the rest of the world? Why do you think we are instructed to 'continually forgive'?
5. Read Matthew 18:15-17. List the progression of resolving an offence. How have you seen this modeled in your life?
6. Read Ephesians 4:29-32. In the past week, have you said anything to anyone that you regret? How have you resolved the offence? What model given of how we are to forgive? What conclusion might we make if someone can't forgive?

## **NEXT STEPS**

7. Think of one person who needs your forgiveness. This week, challenge yourself to go to that person and reconcile.