

Discussion Questions

INTRODUCTION

Being filled is much more than what you take in. In fact, our bias toward consumption can get in the way of something far more satisfying. What if our desire for more is actually a misinterpretation of our desire to give?

GETTING STARTED

1. When you think of “filling up” spiritually, what kinds of activities come to mind?
2. What things do you crave? What are you thirsty for?

BIBLE IDEA

3. Read John 4:7-42. Who do you identify with the most; the woman, the disciples, Jesus, or the new Samaritan believers? Why?
4. Jesus said, “My food is to do the will of him who sent me...” (John 4:34). Can you connect with this idea? How have you experienced it? When have you felt “full” because of something you did?
5. Read John 6:25-27. For you personally, what are the physical needs that you pursue at the expense of spiritual nourishment?

NEXT STEPS

6. What are the opportunities for you to share what you have received?