

Suffering like Jesus-

1“Therefore, since Christ suffered in his body, arm yourselves also with the same attitude, because whoever suffers in the body is done with sin.”

**Be willing to suffer no matter what...**

- “Arm yourselves” is significant
- Aligning our attitudes to what?
- Is done with- πέπαιται **pepautai**- “restrain” “fight to hold back”

**1.) Suffering in the Body like Jesus**

2“As a result, they do not live the rest of their earthly lives for evil human desires, but rather for the will of God.”

- Evil human desires- Acting upon the lusts of our flesh vs living for the will of God.
- Paul’s Fight Against the Flesh
  - Romans 7- The wretched man
  - 1 Cor 9:27- Making the body a slave

So how are you suffering in the body?

- We can’t do this alone
- Jesus is the model to follow- John 5:30, Matthew 4:1-11

**2.) Suffering from the World like Jesus**

3-4“For you have spent enough time in the past doing what pagans choose to do—living in debauchery (excessive indulgence), lust, drunkenness, orgies, carousing and detestable idolatry. They are surprised that you do not join them in their reckless, wild living, and they heap abuse on you.”

- Heap abuse/Malign/Blaspheme - showing contempt or disrespect towards God
- Matthew 10:22, John 15:20
- The extremes of suffering

5“But they will have to give account to him who is ready to judge the living and the dead.”

- God’s Justice- Romans 12:18-20

Our Action → Their Response → The Result

2:12

2:15

3:16

4:3-4

### **3.) Life after Suffering with Jesus**

*6“For this is the reason the gospel was preached even to those who are now dead, so that they might be judged according to human standards in regard to the body, but live according to God in regard to the spirit.”*

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Summarize the verse above using John 11:25

### **Personal Growth/Group Discussion Questions**

- To what attitude or mindset should we align our minds?
- How does Paul model one who suffers well?
- How are you personally suffering in the body?
- How does Jesus demonstrate how we should prepare ourselves to suffer?
- How can the believer have peace about justice that seems presently unserved?
- What can the believer look forward to after a life of suffering?