# To Eat or Not to Eat?

April 3, 2022

## INTRODUCTION

#### 1 Corinthians 8:1-13

- Knowledge puffs up, love builds up (vs. 1b)
- Be careful you don't too quickly assume your conscience is superior (vs. 2)
- It's not how much you know, but how much you love (vs. 3)

#### Now to the topic at hand...

- There are no actual "gods" because there is only one God. As such, meat offered to this supposed "god" is just meat (vs. 4-8)
- BUT... remember, Love will often limit personal Liberty (vs. 9-13)

### 1 Corinthians 10:14-11:1

- Flee from idolatry (vs. 14)
- Sometimes a particular activity is so strongly associated with evil that believers should have nothing to do with it (vs. 15-22)
- Just because it's permissible, does not make it beneficial (vs. 23-24)

In summary then...

- Do not be afraid to enjoy an activity that you can enjoy with no qualm of conscience (vs. 25-26)
- BUT again, if your liberty will unnecessarily offend a brother or sister then do not do it publicly (vs. 27-29a)
- BUT do not allow their more sensitive conscience to condemn yours (vs. 29b-30)
- Whatever you do, do it for the glory of God, the building up of the believer, the pursuit of the lost (vs. 31-11:1; 1 Corinthians 9:19-23)

#### Romans 14:1-23

- Accept one another, no quarreling, no judgment (1-4a)
- Believe that God is still working on that brother or sister and WILL finish the good work of sanctification in their life (vs. 4b)
- Be fully convinced in your own mind and do all things for the glory of God (vs. 5-9)
- Do not pass judgment on your brother or sister. That's God's job. And for you too! (vs. 10-13a)
- Instead, determine to not be a stumbling block (vs. 13b-15)
- BUT do not allow your conscience to be condemned by someone else either (vs. 16)
- Why? Because the Kingdom of God is not about fine-tuning our personal holiness, comparing ourselves with ourselves. Rather, it's about a supernatural righteousness, peace and joy in the Spirit (vs. 17-18)
- There are bigger battles to fight (vs. 19-22a)
- Make sure everything you do is from faith and not violating your conscience (vs. 22b-23)

### **Bounded Set vs. Centered Set**





## **Questions for Personal Reflection/Group Discussion**

- 1. What are examples of current "disputable matters" (Romans 14:1)?
- 2. What principles from 1 Corinthians and Romans stood out as most important to you in your journey right now?
- 3. What "boxes" are you tempted to think are the right ones? In what ways do you struggle to not judge those who are not inside your box?
- 4. What would living in a centered set kind of way look like for this same conviction?
- 5. How does living in a centered set kind of way promote true "iron sharpening iron" conversations?

Suggested Resource: On Matters of Conscience, How Do You Decide? Article by David W. Jones