

Win the Day Part III - Eat the Frog
New Song Community Church
May 2, 2021
Pastor Lane Olson

Text: Colossians 3: 9-10 (NLT)

Jeremiah 29:11-13 (NLT)

- A. By definition a God-sized dream is bigger than your ability or your resources.**
 - 1. God's vision for your life is bigger than yours.**
 - 2. Pursuing your Visions and Dreams begins with that first step.**
 - 3. If you want to win the day, you've got to attack the day.**
 - 4. If you Do the right thing over time God is going to show up and show off.**
 - 5. God partners with us to do great things.**
- B. Eat the Frog:**
 - 1. Doing the disagreeable thing first.**
 - i. Identify the hardest habit to establish, but pays the biggest dividends.
 - 2. If you want God to do the Super...you have to do the natural.**
 - 3. How you start the day set the tone for the rest of the day.**
 - i. What is the hardest thing to be consistent in in your life right now?
 - ii. Daily devotions can be “Eating the Frog”.
- C. Habit Stacking.**
 - 1. Combining an easy habit to establish with a harder one.**

- 2. Start your day with a completed task.**
- 3. The key to sustained growth is routine.**
- 4. If we want to maximize our God – given potential we have to make the most of our time and energy.**

D. Morning Routine

- 1. Identify the habits that offers the highest return on investment and make them your highest priority.**
- 2. Morning routines start at sun down the night before.**
- 3. How you start the day sets the tone for the rest of the day.**
 - i. Review your to do list.**
 - ii. Well planned is half done.**
 - iii. Help gain momentum during the day.**

E. Curse the Barren fig tree.

- 1. We will never find the time, we have to make the time.**
- 2. Make a stop doing list.**
- 3. If you are constantly overwhelmed.**

Psalm 127:1-2 (NLT)

Matthew 11:28-30 (NLT)

Next Steps: Today I am:

- 1. Committing my life to Christ**
- 2. Asking God to help me be consistent in living a life pleasing to God.**
- 3. Going to do my best to Eat the Frog.**
- 4. Going to curse the barren Fig tree(s) in my life.**