

Strength Training for the 60-day Challenge
May 19, 2024
Pastor Lane Olson
New Song Community Church

Text: Joshua 3:1-5 & 14-17 (NLT)

A. First steps.

1. Decide in your heart to do the challenge.
2. Settle in your heart that God is good.

Psalms 119:68 (NLT)

- i. God will bless those who seek Him.

Hebrews 11:6 (NLT)

3. Step out in faith.
 - i. The steps of the Lord are ordered of the Lord.

Psalms 37:23 (NLT)

- ii. God will give you only what you are willing to lay claim to.

Acts 2:16-17 (KJV)

- iii. Let the Holy Spirit be your guide.

B. Specific instructions to get ready.

1. Follow the presence of the Lord.
2. Purify yourself / repent of any known sin.

Joshua 3:5 (NLT)

3. Keep your eyes on the ark. Follow the presence of God.

C. Moving forward.

1. Daily consistent time with God.

Prayer of Jabez (1 Chronicles 4:10) for: Blessing, Expansion of your territory, His presence, keeping you out of trouble and pain.

2. Seek His face. / Soak in His presence.
3. Bible reading and study.

Psalms 119:11 (KJV)

D. Take Faith Steps.

1. Nothing happens until you move.
2. Step into the water.
3. The river rolled back all the way to ADAM.
4. They walked through the Jordan on dry ground.

Next Steps: Today I am:

1. Committing/recommitting my life to Christ
2. Joining the 60-day challenge
3. Asking God to help me take the faith steps God has directed me to
4. Seeking the Baptism of the Holy Spirit