

Winning the War Over Temptation
Winning the War in your Mind - Part 4
New Song Community Church
September 4, 2022
Pastor Lane Olson

Text: Hebrews 12:1-3 (NLT)

A. We are all running a spiritual race.

1. The prize is eternal life.
2. Satan wants to rob you of the life that God intends for you. **John 10:10 (NLT)**
3. Sin is the weight that slows us down in the race to our God given destiny.

B. The battle against temptation starts in your mind.

1. What a person loves both shows what they are and molds their character. **Proverbs 23:7 (KJV)**
2. Your thoughts will eventually become your actions.
3. Winning the battle means controlling our mind, thinking righteous/pure thoughts.

C. Tools to win the battle with temptation.

1. Know that God is fighting for us.

I Corinthians 10:13 (NIV)

2. When you are tempted **Pray**, as the first thing you do.
3. Keep your mind on Jesus.

Philippians 4:8 (NLT)

4. The power of a “made up” mind.

D. Take Action!

James 4:7 (NLT)

1. Take the first step.
2. Run with endurance, don't give up!
3. Keep your eyes on the prize.

E. Power up for the day.

1. Start your day with praise your perspective changes.
2. Your strength to overcome temptation comes from your relationship with God.
3. How you start the day will determine how it goes, and how it will end.
4. Commit your day to the Lord.

Psalms 37:4-5 (NLT)

Next Steps: Today I am:

1. Committing/recommitting my life to Jesus.
2. Asking God to help me control my thoughts.
3. Committing to starting my days with God.
4. Committing all of my plans to the Lord.