

Winning the War in Your Mind
June 26, 2022
New Song Community Church
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Text: 2 Corinthians 10:3-5 (NIV)

A. Spiritual Warfare.

1. Military Strongholds:
 - i. Structure built on the highest land of the city.
 - ii. Reinforced walls up to 20 feet thick.
2. Spiritual Strongholds:
 - i. Satan attacks us in our mind, one thought at a time.
 - ii. Lies that if we believe them become strongholds.
3. The Spiritual battlefield is in our mind.

Note: Our lives are always moving in the direction of our strongest thoughts.

B. Who do you think you are?

1. **Proverbs 23:7 (NKJV)**
 - i. If you think you can't – probably won't.
 - ii. If you think you can - probably will.
 - iii. If you dwell on your problems, you will likely feel overwhelmed.
 - iv. You usually find what you are looking for.
2. Think about what we think about.

THOUGHT AUDIT

Worried	1	2	3	4	5	6	7	8	9	10	Peaceful
Negative	1	2	3	4	5	6	7	8	9	10	Positive
Worldly	1	2	3	4	5	6	7	8	9	10	Eternal

3. What comes into your mind comes out in your life.

4. You cannot have a positive life when you have a negative mind.

Q: Are you excited about the direction your thoughts are taking you?

C. Changing the way we think.

Romans 12:2 (NLT)

1. Identify the biggest stronghold that is holding you back.
2. The science regarding thought patterns.
 - i. The more often that you think a thought, the stronger the connection become.
 - ii. If you believe a lie long enough it becomes a stronghold.
 - iii. In order to think in a different way, you have to establish a new thought path in your brain.

The assignment:

1. Identify the biggest stronghold. Name it because you cannot defeat what you cannot define.
2. Name the truth that demolishes that stronghold.

2 Corinthians 10:5 (NIV)

- i. The weapon we use here is the offensive weapon - the sword of the Spirit - the word of God.
- ii. What promise in the Bible is related to the situation you are in right now.

2 Peter 1:3 (NLT)

John 8:32 (NLT)

Next steps: Today I am:

1. Committing my life to Jesus Christ.
2. Asking God to change my negative default thought patterns.
3. Asking God to help me to renew my mind.
4. Committing to invite at least three people to Celebrate America.