

**The Peace Speaker**  
**January 28, 2024**  
**Pastor Lane Olson**  
**New Song Community Church**

**Text: Mark 4:35-41 (NLT)**

**A. Stress is an inevitable part of life.**

1. The Positive and negative effects of stress.
  - i.
  - ii.
  - iii.
  - iv.
2. Your ability to manage stress and resolve conflict determines your level of responsibility.
3. High Stress situations are the opportunity for the miraculous.

**B. The Storms of life come to everyone...no one is exempt.**

1. Storms have the ability to change your life.
2. High impact Storms come when you least expect it.

**C. The storms of life are really for us!**

1. Jesus is always aware of our storms.
2. There are some storms in life only Jesus can calm.
3. He is the God of the impossible.
4. Storms come to increase the level of our faith.

**D. You may get wet, but you won't Drown when Jesus is in the boat.**

1. God doesn't always deliver us from the storm but walks with us through the storm.
2. Faith is increased when we walk through the storm.
3. Learn to *trust* the process.

**Philippians 4:6&7 (NLT)**

**Next Steps: Today I am:**

1. Committing my life to Jesus.
2. Needing help managing stress in my life.
3. Asking God to speak Peace to my storm.
4. Interested in Children's ministry, please contact me.