

When You Are Tired of Being Stuck
The Power to Change
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A. Reasons we fail at making life changes.

1. Things that we want to start / things that we want to stop.
2. We attempt to make changes in the wrong way.
3. We need a **Spiritual Why**.

B. Three viewpoints about making changes in life.

1. It's all up to me.
2. It's all up to God.
3. It's the power of God through me.

C. Making the Change

1. The primary reason for your inability to change is a spiritual one.

Romans 7:15,19,24 NLT

15] I don't really understand myself, for I want to do what is right, but I don't do it...

19] I don't want to do what is wrong, but I do it anyway,

24] Oh, what a miserable person I am!

I Corinthians 15:9-10 *And yet I'm the least of all these. I'm not good enough, I know that. But God's grace on me was not without effect. It changed me. And yet I still do everything. But it's not me. It's His grace through me."*

2. The Power to Change comes from God.
3. His power is released in our life when we totally depend on God.

Zechariah 4:6 *... 'Not by might nor by power, but by my Spirit,' says the Lord Almighty.*

4. When we mess up, His grace saves, changes, and forgives us.

Next Steps: Today I am:

1. Giving my life to Jesus
2. Asking God to help me make the changes I need to make.
3. I want to be Baptized in the Holy Spirit
4. I am available to help on the church lawn care team.