

Table Talk

"Something's Cooking"

Champion Church · Small Group Discussion Guide

THEME

God is in the kitchen — and the meal isn't ready yet. The aroma is already filling the house. You know something good is coming. The question is: can you trust the Chef enough to wait without grabbing at the pots? This Table Talk is an invitation to explore what it looks like to trust God's timing — not just intellectually, but in the ordinary, sometimes frustrating moments of everyday life.

Point 1: *God Is Already Working*

READ TO YOUR TABLE

We often feel like nothing is happening — like we've been waiting so long that maybe God forgot. But Scripture is clear: God is always at work, even when — especially when — we can't see it yet. Like a dish that's been slow-cooking all day, the preparation has been going on longer than we realized.

SCRIPTURE

Isaiah 64:4 (NLT)

"For since the world began, no ear has heard and no eye has seen a God like you, who works for those who wait for him!"

Ecclesiastes 3:11 (NIV)

"He has made everything beautiful in its time. He has also set eternity in the human heart; yet no one can fathom what God has done from beginning to end."

Psalms 57:2 (ESV)

"I cry out to God Most High, to God who fulfills his purpose for me."

Discussion: *Think about a time when you later realized God had been working in the background of a situation — setting things up before you even knew you needed them. What clues did you miss in the moment? What did that teach you about trusting what you can't see?*

→ Invite everyone to share, and share your own experience too.

Point 2: *Peace Instead of Control*

READ TO YOUR TABLE

When something is cooking and we're hungry, the temptation is to lift the lid, crank up the heat, or eat it before it's done. In life, we try to force outcomes, rush timelines, or worry our way into the next season. But God's invitation is different — He calls us to a supernatural peace that stands guard over our hearts while we wait. Peace is not the absence of uncertainty; it's the presence of trust.

SCRIPTURE

Philippians 4:6–7 (NIV)

"Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."

Isaiah 26:3 (ESV)

"You keep him in perfect peace whose mind is stayed on you, because he trusts in you."

Proverbs 19:21 (NLT)

"You can make many plans, but the Lord's purpose will prevail."

Discussion: *Where in your life right now are you most tempted to take control — to 'crank up the heat' instead of trusting God's timeline? What does trading anxiety for peace actually look like in that specific situation?*

→ Invite everyone to share, and share your own experience too.

Point 3: *Anticipate with Joy*

READ TO YOUR TABLE

There's a difference between passive waiting and active anticipation. When you know a great meal is being prepared by someone you trust, you set the table. You invite people. You get ready. God's timing isn't meant to leave us deflated — it's meant to produce in us a joyful, expectant posture. We wait, but we wait like people who already know how the story ends.

SCRIPTURE

Romans 8:25 (ESV)

"But if we hope for what we do not see, we wait for it with patience."

Habakkuk 2:3 (NIV)

"For the revelation awaits an appointed time; it speaks of the end and will not prove false. Though it linger, wait for it; it will certainly come and will not delay."

Psalms 27:13–14 (NLT)

"Yet I am confident I will see the Lord's goodness while I am here in the land of the living. Wait patiently for the Lord. Be brave and courageous. Yes, wait patiently for the Lord."

Discussion: *What does it look like to 'set the table' while you're still waiting? In other words, what is one practical thing you can do right now to position yourself for what you believe God is preparing — even before it arrives?*

→ Invite everyone to share, and share your own experience too.

CLOSE IN PRAYER

Invite someone at the table to close in prayer. Ask God to help each person trust His timing in a specific area they shared today — replacing worry with peace and anticipation.