



Small Group Study Guide

Series: **SAFEHOUSE**

Sermon 9: FIGHT FOR YOUR FAMILY

Instead of WITH Your Family

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◆ INTRODUCTION

In this message, PT reminds us that strong families do not happen by accident. They are prayed over, fought for, protected, healed, and rebuilt when something gets broken. God calls us to stop fighting with the people He has called us to fight for and to build homes where joy, growth, grace, values, and service can live.

◆ KEY SCRIPTURES

Nehemiah 4:14 — *“Do not be afraid of them. Remember the Lord, who is great and awesome, and FIGHT for your brothers, your sons, your daughters, your wives, and your homes.”*

Summary: God calls His people to remember Him and fight for their families.

Ecclesiastes 8:15 — *“And I commend joy, for man has nothing better under the sun but to eat and drink and be joyful...”*

1 Timothy 6:17 — God *“richly provides us with everything to enjoy.”*

Summary: Joy is a gift from God and has a place in a healthy home.

Luke 2:52 — *“And Jesus increased in wisdom and in stature and in favor with God and man.”*

Summary: Jesus grew mentally, physically, spiritually, and relationally.

1 John 2:16 — *“For all that is in the world—the desires of the flesh and the desires of the eyes and pride of life—is not from the Father but is from the world.”*

Summary: The world pulls families toward pleasure, possessions, and pride.

Hebrews 10:24 — *“And let us consider how to stir up one another to love and good works.”*

Summary: Families and churches should encourage one another toward love and service.

◆ DISCUSSION QUESTIONS

1. **Read Nehemiah 4:14**. Why do you think the command begins with *“Remember the Lord”* before it says to *“fight for”* your family?
2. PT said, *“A SAFEHOUSE does not happen by accident.”* What are some things families tend to neglect that can leave their relationships vulnerable?
3. PT taught that pressure can steal laughter from a home. Why is joy so important in the atmosphere of a healthy family?
4. **Read Luke 2:52**. Which area of growth — mental, physical, spiritual, or relational — needs the most attention in your family right now?
5. PT said, *“Stop fighting the person and start fighting the pattern.”* What unhealthy patterns can quietly divide families, marriages, parents, children, or church families?

6. **Read Hebrews 10:24.** How can your family “*stir up one another to love and good works*” instead of drifting into selfishness?
7. PT said, “*A safe family does not deny emotions. A safe family disciplines emotions.*” What is the difference between denying emotions and disciplining emotions?
8. PT said, “*Your kids need to learn how to lose.*” Why is it loving, not cruel, to teach children how to handle disappointment, correction, grief, and failure?

◆ PT’S BEST QUOTES

- “*Some families are enduring life, but you are not enjoying life.*”
- “*Attention is affection.*”
- “*A family that laughs together has a better chance of lasting together.*”
- “*What you refuse to name, you usually refuse to heal and what you refuse to heal, you eventually hand to somebody else.*”
- “*A safe family does not deny emotions. A safe family disciplines emotions.*”
- “*The goal is not to win the fight. The goal is to protect the relationship.*”
- “*Your home needs a theology for pain.*”
- “*Our job is not to complain that darkness is dark. Our job is to turn on the light.*”
- “*A SAFEHOUSE is not a selfish house.*”
- “*The safest house is the home surrendered to Jesus.*”

◆ APPLICATION / ACTION PROMPTS

- Identify one value your family needs to live more clearly this week — forgiveness, generosity, worship, honesty, humility, service, or prayer — and choose one practical way to model it instead of just talking about it.
- Recover one holy habit in your home this week: laughter, prayer, family dinner, worship, Scripture, serving, forgiveness, or a phone-down conversation.

◆ CLOSING PRAYER

Heavenly Father, help us remember You and fight for the families You have entrusted to us. Bring joy, peace, prayer, honor, and healing back into our homes. Teach us to stop fighting the person and start fighting the pattern that’s pushing us apart. As for us and our houses, we will serve the Lord. In Jesus’ name, Amen.

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