

Ephesians 4:32 (NLT) — "Instead, be kind to each other, tenderhearted, forgiving one another, just as God through Christ has forgiven you."

Colossians 3:12–13 (NLT) — "Since God chose you to be the holy people he loves, you must clothe yourselves with tenderhearted mercy, kindness, humility, gentleness, and patience. 13 Make allowance for each other's faults, and forgive anyone who offends you. Remember, the Lord forgave you, so you must forgive others."









Get's the Hate Out



- Get's the Hate Out
- Frees the Forgiver



- Get's the Hate Out
- Frees the Forgiver
- Frees You to Love Again



- Get's the Hate Out
- Frees the Forgiver
- Frees You to Love Again
- Frees You to Grow Again



- Get's the Hate Out
- Frees the Forgiver
- Frees You to Love Again
- Frees You to Grow Again
- Frees the Human Soul

But What if You Choose to NOT Forgive?

negative tension life plagued emotions hatred n stress needanger_{short} hurt pain strained control freedom

Matthew 18:21 (NLT) — "Then Peter came to him and asked, 'Lord, how often should I forgive someone who sins against me? Seven times?"

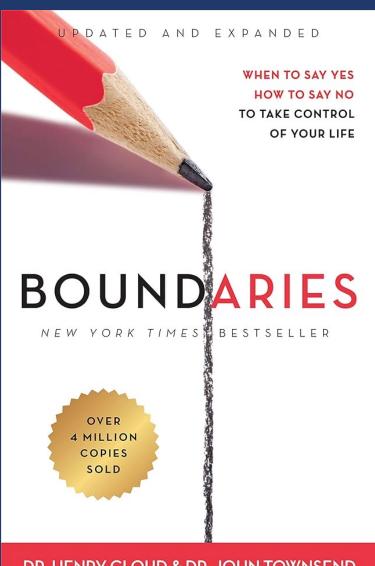
Matthew 6:9-14 (NKJV) — "In this manner, therefore, pray: Our Father in heaven, Hallowed be Your name. 10 Your kingdom come. Your will be done On earth as it is in heaven. 11 Give us this day our daily bread. 12 And forgive us our debts, As we forgive our debtors. 13 And do not lead us into temptation, But deliver us from the evil one. For Yours is the kingdom and the power and the glory forever. Amen. 14 'For if you forgive men their trespasses, your heavenly Father will also forgive you."

Amos 1:3 (NLT) — "This is what the LORD says: "The people of Damascus have sinned again and again, and I will not let them go unpunished! They beat down my people in Gilead as grain is threshed with iron sledges."

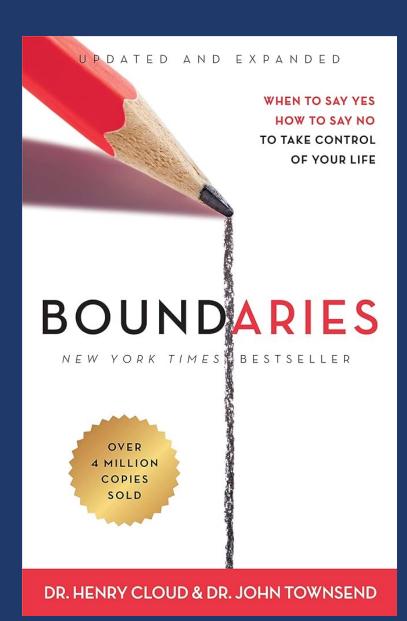
Amos 1:6 (NLT) — "This is what the LORD says: 'The people of Gaza have sinned again and again, and I will not let them go unpunished! They sent whole villages into exile, selling them as slaves to Edom."

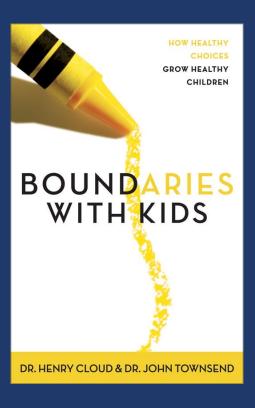
Amos 1:9 (NLT) — "This is what the LORD says: 'The people of Tyre have sinned again and again, and I will not let them go unpunished! They broke their treaty of brotherhood with Israel, selling whole villages as slaves to Edom.'"

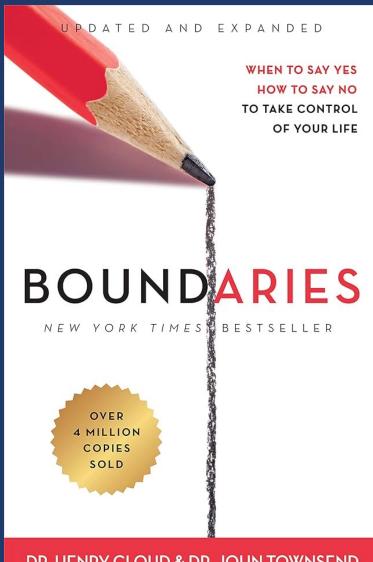


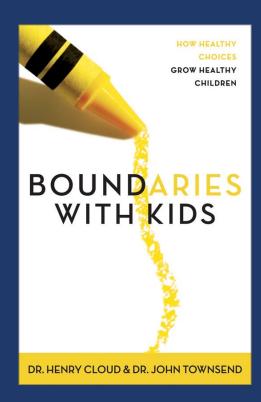


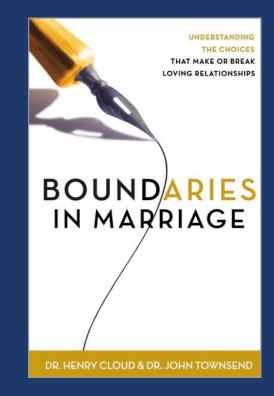
DR. HENRY CLOUD & DR. JOHN TOWNSEND

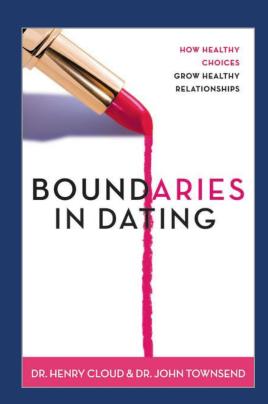




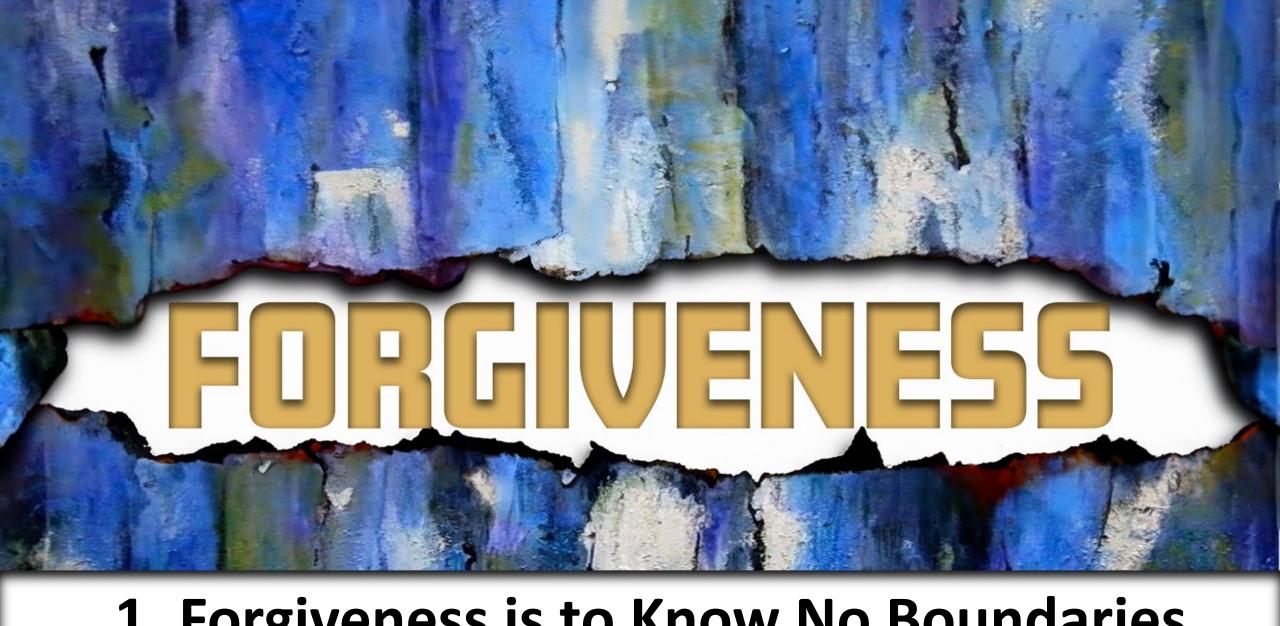






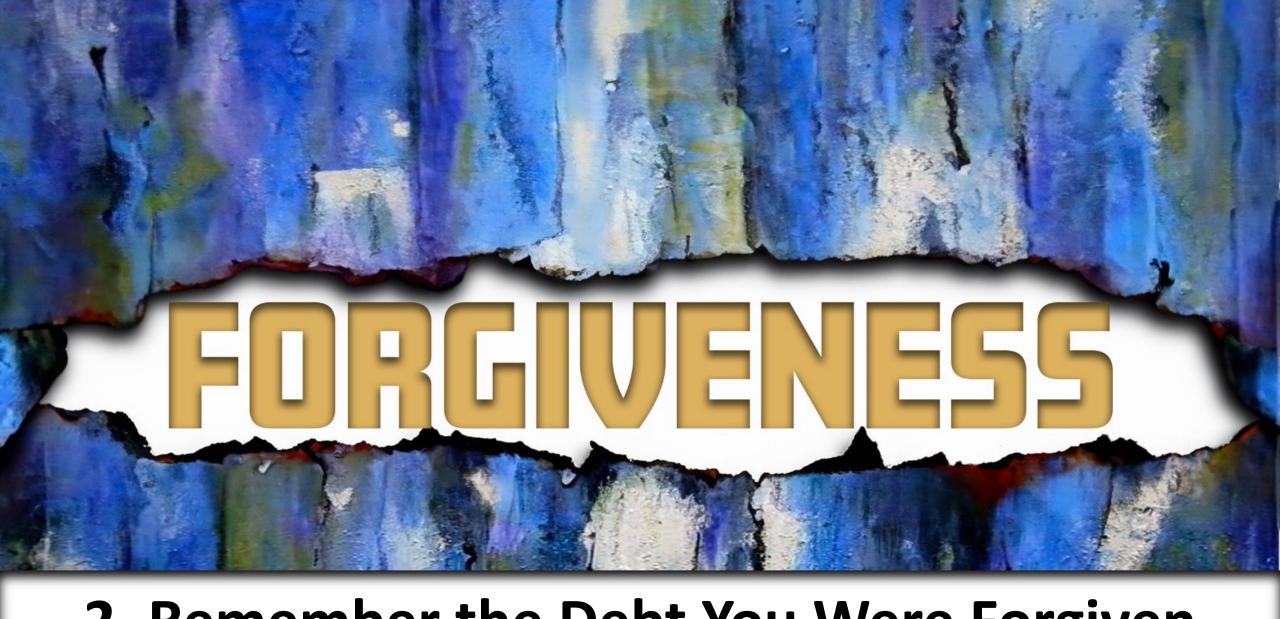


DR. HENRY CLOUD & DR. JOHN TOWNSEND



1. Forgiveness is to Know No Boundaries

Luke 17:3–4 (NLT) — "So watch yourselves! "If another believer sins, rebuke that person; then if there is repentance, forgive. 4 Even if that person wrongs you seven times a day and each time turns again and asks forgiveness, you must forgive."



2. Remember the Debt You Were Forgiven

"Therefore, the Kingdom of Heaven can be compared to a king who decided to bring his accounts up to date with servants who had borrowed money from him. 24 In the process, one of his debtors was brought in who owed him millions of dollars. 25 He couldn't pay, so his master ordered that he be sold—along with his wife, his children, and everything he owned—to pay the debt. 26 "But the man fell down before his master and begged

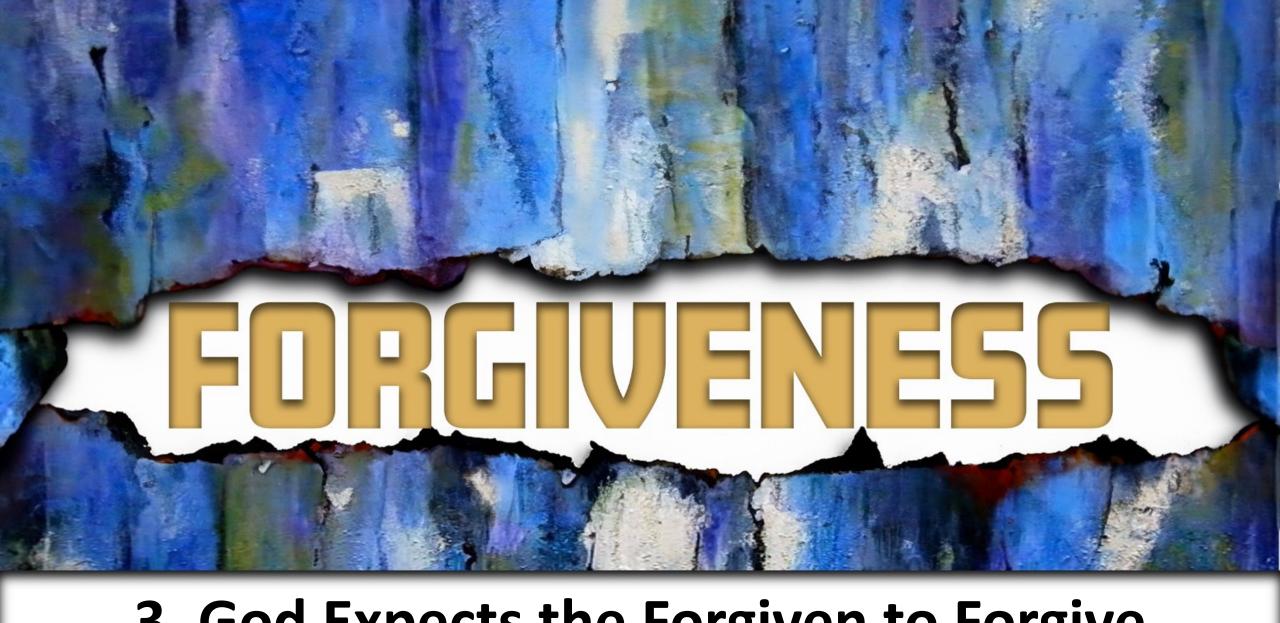
Matthew 18:23-27 (NLT)

him, 'Please, be patient with me, and I will pay it all.' 27 Then his master was filled with pity for him, and he released him and forgave his debt."

Matthew 18:23-27 (NLT)







3. God Expects the Forgiven to Forgive

"But when the man left the king, he went to a fellow servant who owed him a few thousand dollars. He grabbed him by the throat and demanded instant payment. 29 'His fellow servant fell down before him and begged for a little more time. 'Be patient with me, and I will pay it,' he pleaded. 30 But his creditor wouldn't wait. He had the man arrested and put in prison until the debt could be paid in full. 31 When some of the other servants saw this, they were very

Matthew 18:28-33 (NLT)

upset. They went to the king and told him everything that had happened. 32 Then the king called in the man he had forgiven and said, 'You evil servant! I forgave you that tremendous debt because you pleaded with me. 33 Shouldn't you have mercy on your fellow servant, just as I had mercy on you?"

Matthew 18:28-33 (NLT)

Matthew 18:33 (NLT) — "Shouldn't you have mercy on your fellow servant, just as I had mercy on you?"

Luke 12:48 (NLT) — "But someone who does not know, and then does something wrong, will be punished only lightly. When someone has been given much, much will be required in return; and when someone has been entrusted with much, even more will be required."

Unforgiveness is Sin

Colossians 3:13 (NLT) — "Make allowance for each other's faults, and forgive anyone who offends you. Remember, the Lord forgave you, so you must forgive others."

Matthew 18:34–35 (NLT) — "Then the angry king sent the man to prison to be tortured until he had paid his entire debt. 35 'That's what my heavenly Father will do to you if you refuse to forgive your brothers and sisters from your heart."



4. Forgiveness Releases Me From Torment

Matthew 18:35 (NLT) — "That's what my heavenly Father will do to you if you refuse to forgive your brothers and sisters from your heart."

Matthew 18:7 (NLT) — "What sorrow awaits the world, because it tempts people to sin. Temptations are inevitable, but what sorrow awaits the person who does the tempting."



1. Don't CURSE It

2.

3.

4.

Genesis 50:20 (NLT) — "You intended to harm me, but God intended it all for good. He brought me to this position so I could save the lives of many people."



- 1. Don't CURSE It
- 2. Don't NURSE It
- 3.
- 4.

Isaiah 53:5 (NLT) — "But he was pierced for our rebellion, crushed for our sins. He was beaten so we could be whole. He was whipped so we could be healed."

Deuteronomy 30:19 (NLT) — "Today I have given you the choice between life and death, between blessings and curses. Now I call on heaven and earth to witness the choice you make. Oh, that you would choose life, so that you and your descendants might live!"



- 1. Don't CURSE It
- 2. Don't NURSE It
- 3. Don't REHEARSE It
- 4.

Isaiah 26:3 (NLT) — "You will keep in perfect peace all who trust in You, all whose thoughts are fixed on You!"

Micah 7:9 (NLT) — "I will be patient as the LORD punishes me, for I have sinned against him. But after that, he will take up my case and give me justice for all I have suffered from my enemies. The LORD will bring me into the light, and I will see his righteousness."

Philippians 3:13 (NLT) — "No, dear brothers and sisters, I have not achieved it, but I focus on this one thing: Forgetting the past and looking forward to what lies ahead..."



- 1. Don't CURSE It
- 2. Don't NURSE It
- 3. Don't REHEARSE It
- 4. DISPERSE It

Forgiveness is an Act of My Will, Done in Faith Before God

AND FORGIVE US OUR DEBTS, AS WE FORGIVE OUR DEBTORS

