

The image features a background of textured, layered paper in shades of blue, purple, and white. A prominent horizontal tear runs across the center, revealing a white surface underneath. The word "FORGIVENESS" is printed in a bold, gold, sans-serif font across this white surface.

FORGIVENESS

“Very early in the morning the leading priests and the elders of the people met again to lay plans for putting Jesus to death. **2** Then they bound him, led him away, and took him to Pilate, the Roman governor. **3** When Judas, who had betrayed him, realized that Jesus had been condemned to die, he was filled with remorse. So he took the thirty pieces of silver back to the leading priests and the elders. **4** ‘I have sinned,’ he declared, ‘for I have betrayed an innocent man.’ ‘What do we care?’

Matthew 27:1-5 (NLT)

they retorted. 'That's your problem.' **5** Then Judas threw the silver coins down in the Temple and **went out and hanged himself.**"

Matthew 27:1-5 (NLT)

“A psalm of David. **1** Oh, what joy for those **whose disobedience is forgiven, whose sin is put out of sight!**
2 Yes, what joy for **those whose record the LORD has cleared of guilt**, whose lives are lived in complete honesty! **3** When I refused to confess my sin, my body wasted away, and I groaned all day long. **4** Day and night your hand of discipline was heavy on me. My strength evaporated like water in the summer heat. Interlude **5**
Finally, I confessed all my sins to you and stopped

Psalm 32 (NLT)

trying to hide my guilt. I said to myself, 'I will confess my rebellion to the LORD.' **And you forgave me! All my guilt is gone.** Interlude **6** Therefore, let all the godly pray to you while there is still time, that they may not drown in the floodwaters of judgment. **7** For you are my hiding place; you protect me from trouble. You surround me with songs of victory. Interlude **8** The LORD says, 'I will guide you along the best pathway for your life. I will advise you and watch over you. **9** Do not be

Psalm 32 (NLT)

like a senseless horse or mule that needs a bit and bridle to keep it under control.’ **10** Many sorrows come to the wicked, but unfailing love surrounds those who trust the LORD. **11** So rejoice in the LORD and be glad, all you who obey him! Shout for joy, all you whose hearts are pure!”

Psalm 32 (NLT)

**Forgiveness is the Key to
EVERYTHING**



FORGIVENESS

WK 1: I Am Forgiven



FORGIVENESS

WK 2: I Must Forgive Me

**Why Do I Need to Forgive
MYSELF?**

Self-Condensation...

- **Is Paralyzing**



**FOR
GIVE
NESS**



Self-Condemnation...

- Is Paralyzing
- **Makes you feel unworthy**

**FOR
GIVE
NESS**



Self-Condensation...

- Is Paralyzing
- Makes you feel unworthy
- **Is Painful**

**You Cannot Hide Your Sin
from God**

2 Samuel 12:13 (NLT) — “Then David confessed to Nathan, ‘I have sinned against the LORD.’ Nathan replied, ‘Yes, but the LORD has forgiven you, and you won’t die for this sin.’”

1 John 1:9 (NIV) - "If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness."

Romans 5:20 (NKJV) — “Moreover the law entered that the offense might abound. But where sin abounded, grace abounded much more...”

**It's Not About FEELING
Forgiven, It's About
BEING Forgiven**

The background is an abstract painting with vertical brushstrokes in various shades of blue, purple, and white. A horizontal tear in the center reveals a white background where the word "FORGIVENESS" is written in large, bold, gold-colored capital letters.

FORGIVENESS

1. Accept that God Has forgiven You

Psalm 32:1–2 (NLT) — “Oh, what joy for those **whose disobedience is forgiven, whose sin is put out of sight!**

2 Yes, what joy for those **whose record the LORD has cleared of guilt**, whose lives are lived in complete honesty!”

Psalm 32:1–2 (NKJV) — “**Blessed is he whose transgression is forgiven**, Whose sin is covered. **2**

Blessed is the man to whom the LORD does not impute iniquity, And in whose spirit there is no deceit.”



**FOR
GIVE
NESS**

“blessed”

- Happiness that comes when a superior bestows their favor on you
- Knowledge of forgiveness from God makes a person happy

**The Blood of Jesus
was Enough!**

Colossians 2:13–14 (NLT) — “You were dead because of your sins and because your sinful nature was not yet cut away. Then **God made you alive with Christ**, for **he forgave all** our sins. **14** He canceled the record of the charges against us and took it away by nailing it to the cross.”



FORGIVENESS

2. Do Not HIDE Your Sin, CONFESS It

Psalm 32:3–5 (NLT) — “**When I refused to confess my sin**, my body wasted away, and I groaned all day long. **4** Day and night your hand of discipline was heavy on me. My strength evaporated like water in the summer heat. Interlude **5 Finally, I confessed all my sins** to you and stopped trying to hide my guilt. I said to myself, ‘I will confess my rebellion to the LORD.’ And you forgave me! All my guilt is gone. Interlude”

**What We Keep in the
Dark Can Haunt and
Hurt Us**

James 5:14–16 (NLT) — “Are any of you sick? You should call for the elders of the church to come and pray over you, anointing you with oil in the name of the Lord. **15** Such a prayer offered in faith will heal the sick, and the Lord will make you well. And if you have committed any sins, you will be forgiven. **16 Confess your sins to each other** and pray for each other so that you may be healed. The earnest prayer of a righteous person has great power and produces wonderful results.”

The background is an abstract painting with vertical brushstrokes in various shades of blue, purple, and white. A horizontal strip of white paper is torn across the middle, revealing the word 'FORGIVENESS' in a bold, gold, sans-serif font.

FORGIVENESS

3. Pray for Grace to Forgive Yourself

Psalm 32:6 (NLT) — “Therefore, let all the godly pray to you **while there is still time**, that they may not drown in the floodwaters of judgment.”

**If You Pray,
God Will Listen**

The background is an abstract, textured composition of various shades of blue, purple, and white, resembling a watercolor or mixed-media painting. A horizontal strip of white paper is torn across the middle, creating a jagged, irregular opening. The word "FORGIVENESS" is printed in a bold, gold-colored, sans-serif font within this white opening.

FORGIVENESS

4. Renew Your Mind with God's Word

Psalm 32:7–10 (NLT) — “For you are my hiding place; you protect me from trouble. You surround me with songs of victory. Interlude **8** The LORD says, ‘I will guide you along the best pathway for your life. I will advise you and watch over you. **9** Do not be like a senseless horse or mule that needs a bit and bridle to keep it under control.’ **10 Many sorrows come to the wicked, but unfailing love surrounds those who trust the LORD.**”

**Instead of Rehearsing Your
Failures and Fears, Talk
About What God's Word
Says About You**

The background features a vibrant, abstract painting in shades of blue, purple, and teal. A horizontal strip of white paper is torn across the middle, revealing the word 'FORGIVENESS' in a bold, gold, sans-serif font. The word is centered and has a slight shadow, giving it a three-dimensional appearance as if it's floating above the white strip.

FORGIVENESS

5. Celebrate God's Forgiveness & Your Freedom

Psalm 32:11 (NLT) — “So rejoice in the LORD and be glad, all you who obey him! Shout for joy, all you whose hearts are pure!”

Forgive Yourself.

The background consists of a piece of paper with a vibrant, abstract texture in shades of blue, purple, and teal. The paper appears to be torn horizontally in the center, revealing a white surface underneath. The word "FORGIVENESS" is printed in a bold, gold-colored, sans-serif font across this white surface.

FORGIVENESS