

**BREAK  
OUT**

**2023**

# Biblical Valleys Represent:

- times of darkness and difficulty
- pain, crisis, indecision
- spiritual attacks and battles that overwhelm us

The logo features the words "BREAK OUT" in a bold, distressed, white font with a black outline, set against a dark, textured background. Below "BREAK OUT" is the year "2023" in a bright green, sans-serif font. The entire logo is surrounded by a cloud of white dust or debris.

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# Biblical Mtn Tops Represent:

- victory
- Jubilation
- celebrating what God has brought us through

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**Are there areas  
of your life  
where you feel  
STUCK?**





# **Blue Ridge Mountains, Georgia**

A man with dark hair and a beard, wearing a dark long-sleeved shirt, is sitting on a mountain peak. He is looking out over a vast, hazy landscape of rolling hills and mountains under a dramatic sunset sky. The sun is low on the horizon, creating a strong glow and lens flare effect. The overall mood is contemplative and serene.

There's nothing like a "mountain top" experience with God...

# BREAK OUT

**01 - VALLEY OF CRISIS**

**2 Chronicles 20:1–4 (NLT)** — “After this, the armies of the Moabites, Ammonites, and some of the Meunites declared war on Jehoshaphat. **2** Messengers came and told Jehoshaphat, ‘**A vast army** from Edom is marching against you from beyond the Dead Sea. They are already at Hazazon-tamar.’ (This was another name for En-gedi.) **3** **Jehoshaphat was terrified** by this news and **begged the LORD for guidance**. He also ordered everyone in Judah to **begin fasting**. **4** So people from all the towns of Judah came to Jerusalem to seek the LORD’s help.”



2 Chronicles 20:17 (NLT) — “But **you will not even need to fight. Take your positions;** then **stand still** and **watch the LORD’s victory**. He is with you, O people of Judah and Jerusalem. Do not be afraid or discouraged. Go out against them tomorrow, for **the LORD is with you!**”

# Background Info:

- around 430 BC
- King Jehoshaphat didn't start this
- Moabites, Ammonites and others
- En Gedi (50 miles from Jerusalem)
  - 3-day march from the city

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# BREAK OUT

## *01 - VALLEY OF CRISIS*

**1. Don't Panic – PRAY!**

**2 Chronicles 20:3 (NKJV)** — “And Jehoshaphat feared, and **set himself to seek the LORD**, and proclaimed a fast throughout all Judah.”

The Bible doesn't paint unrealistic pictures of its heroes...



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# King Jehoshaphat set himself to seek God

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# How does this become OUR RESPONSE in crisis?

- walk through the valley
- learn the lesson it teaches you

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**Philippians 4:6 (NLT)** — “Don’t worry about anything; instead, **pray about everything**. Tell God what you need, and thank him for all he has done.”

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## *01 - VALLEY OF CRISIS*

**2. Back Up Your Words with ACTION**

**2 Chronicles 20:3–4 (NLT)** — “Jehoshaphat was terrified by this news and begged the LORD for guidance. **He also ordered everyone in Judah to begin fasting.** **4** So people from all the towns of Judah came to Jerusalem to seek the LORD’s help.”



**Many  
Christians  
today could be  
described as  
“lip-service”  
Christians**



[Blurred name]

8:09 PM

🙏 we have been sick for almost 3 weeks now not Covid but just as bad. We are over the hump and will keep all you in prayer 🙏❤️





**Jehoshaphat  
called a fast.**



Are we **TAPPING** or are we **KNOCKING**?

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## *01 - VALLEY OF CRISIS*

**3. Make GOD'S WAY OUT Your FIRST CHOICE**



**2 Chronicles 20:17 (NLT)** — “But you will not even need to fight. Take your positions; then stand still and watch the LORD’s victory. He is with you, O people of Judah and Jerusalem. Do not be afraid or discouraged. Go out against them tomorrow, for the LORD is with you!”



***“I can handle this...”***

—

**King  
Jehoshaphat  
called on God  
before anything  
else!**

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*King Jehoshaphat sent the singers first...*

**2 Chronicles 20:26 (NLT)** — “On the fourth day they gathered in the **Valley of Blessing**, which got its name that day because the people praised and thanked the LORD there. It is still called the Valley of Blessing today.”

# BREAK OUT

## *01 - VALLEY OF CRISIS*

**4. Put SUBSTANCE Behind Seeking God**

# King Jehoshaphat **FASTED**

- He was serious about seeking God
- He understood need for WISDOM
- Earthly advice wasn't enough
- As strange as God's direction seemed, he followed it

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**Isaiah 55:8–9 (NLT)** — “My thoughts are nothing like your thoughts,’ says the LORD. ‘And my ways are far beyond anything you could imagine. **9** For just as the heavens are higher than the earth, so my ways are higher than your ways and my thoughts higher than your thoughts.’”



# When in the Valley of Crisis:

- **PRAY**
- Add **SUBSTANCE** to your prayer
  - Fasting
  - Separate self from “noise” of life
- Once you’ve heard from God, **OBEY**

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**“As all the men of Judah stood before the LORD** with their little ones, wives, and children, **14 the Spirit of the LORD came upon one of the men** standing there. His name was Jahaziel son of Zechariah, son of Benaiah, son of Jeiel, son of Mattaniah, a Levite who was a descendant of Asaph. **15** He said, ‘Listen, all you people of Judah and Jerusalem! Listen, King Jehoshaphat! This is what the LORD says: Do not be

**2 Chronicles 20:13-26 (NLT)**

afraid! Don't be discouraged by this mighty army, **for the battle is not yours, but God's.** **16** Tomorrow, march out against them. You will find them coming up through the ascent of Ziz at the end of the valley that opens into the wilderness of Jeruel. **17** But you will not even need to fight. Take your positions; then **stand still and watch the LORD's victory. He is with you,** O people of Judah and Jerusalem. **Do not be afraid or**

**2 Chronicles 20:13-26 (NLT)**

**discouraged.** Go out against them tomorrow, for the LORD is with you!’ **18** Then King Jehoshaphat bowed low with his face to the ground. And all the people of Judah and Jerusalem did the same, **worshiping the LORD.** **19** Then the Levites from the clans of Kohath and Korah **stood to praise the LORD,** the God of Israel, **with a very loud shout.** **20** Early the next morning the army of Judah went out into the wilderness of Tekoa. On the

**2 Chronicles 20:13-26 (NLT)**

way Jehoshaphat stopped and said, 'Listen to me, all you people of Judah and Jerusalem! **Believe in the LORD your God, and you will be able to stand firm. Believe in his prophets, and you will succeed.**' **21** After consulting the people, **the king appointed singers to walk ahead of the army, singing to the LORD and praising him for his holy splendor.** This is what they sang: 'Give thanks to the LORD; his faithful love endures

**2 Chronicles 20:13-26 (NLT)**

forever!’ **22** At the very moment they began to sing and give praise, the LORD caused the armies of Ammon, Moab, and Mount Seir to start fighting among themselves. **23** The armies of Moab and Ammon turned against their allies from Mount Seir and killed every one of them. After they had destroyed the army of Seir, they began attacking each other. **24** So when the army of Judah arrived at the lookout point in

**2 Chronicles 20:13-26 (NLT)**

the wilderness, all they saw were dead bodies lying on the ground as far as they could see. Not a single one of the enemy had escaped. **25** King Jehoshaphat and his men went out to gather the plunder. They found vast amounts of equipment, clothing, and other valuables—more than they could carry. **There was so much plunder that it took them three days just to collect it all!** **26** On the fourth day they gathered in the Valley

**2 Chronicles 20:13-26 (NLT)**

**of Blessing, which got its name that day because the people praised and thanked the LORD there. It is still called the Valley of Blessing today.”**

**2 Chronicles 20:13-26 (NLT)**



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