

The Foundation

- Opening Announcements
- Opening Prayer

Q: Have you ever felt like giving up on "DAILY" spiritual disciplines?

Q: Why?

Q: When you've thought about your spiritual disciplines have you ever thought, it's too hard?

Q: Have you ever been doing well in your spiritual disciplines and noticed it easy to slip into pride or becoming judgmental? Why?

Table Time...

READ: Exodus 6:1-8 "But the Lord said to Moses, "Now you shall see what I will do to Pharaoh; for with a strong hand he will send them out, and with a strong hand he will drive them out of his land." ² God spoke to Moses and said to him, "I am the Lord. ³ I appeared to Abraham, to Isaac, and to Jacob, as God Almighty, but by my name the Lord I did not make myself known to them. ⁴ I also established my covenant with them to give them the land of Canaan, the land in which they lived as sojourners. ⁵ Moreover, I have heard the groaning of the people of Israel whom the Egyptians hold as slaves, and I have remembered my covenant. ⁶ Say therefore to the people of Israel, 'I am the Lord, and I will bring you out from under the burdens of the Egyptians, and I will deliver you from slavery to them, and I will redeem you with an outstretched arm and with great acts of judgment. ⁷ I will take you to be my people, and I will be your God, and you shall know that I am the Lord your God, who has brought you out from under the burdens of the Egyptians. ⁸ I will bring you into the land that I swore to give to Abraham, to Isaac, and to Jacob. I will give it to you for a possession. I am the Lord.' " ⁹ Moses spoke thus to the people of Israel, but they did not listen to Moses, because of their broken spirit and harsh slavery.

Q: According to verses 1-4 what's the situation facing God's people Israel?

Q: According to these verses what is God going to "do"?

Q: According to verse 4, what did God do with Abraham?

Q: According to verse 5, what has God "heard" and "remembered"? What does this say about God's attitude towards His people and His covenant?

Q: According to verse 6, what is God going to do?

Q: According to verses 7-8 what are the benefits of redemption?

Q: How does this account apply to OUR life/situation?

Big Group Time....

Q: How did God's people become "slaves" in Egypt?

Q: What did Israel do to deserve their redemption?

Q: What "enslaves" us?

Q: What have we "done" or could we "do" to ensure God's deliverance, redemption and blessings?

Q: How can "doing" stuff, spiritually become like a prison?

READ: 2 Corinthians 3:5-11 "Not that we are sufficient in ourselves to claim anything as coming from us, but our sufficiency is from God, ⁶ who has made us sufficient to be ministers of a new covenant, not of the letter but of the Spirit. For the letter kills, but the Spirit gives life. ⁷ Now if the ministry of death, carved in letters on stone, came with such glory that the Israelites could not gaze at Moses' face because of its glory, which was being brought to an end, ⁸ will not the ministry of the Spirit have even more glory? ⁹ For if there was glory in the ministry of condemnation, the ministry of righteousness must far exceed it in glory. ¹⁰ Indeed, in this case, what once had glory has come to have no glory at all, because of the glory that surpasses it. ¹¹ For if what was being brought to an end came with glory, much more will what is permanent have glory."

Q: What's the "new covenant" about in verse 6?

Q: In that verse, what "kills" and what "gives life"? What's this about?

Q: What's verse 7 referring to?

Q: What's the point of verse 9-11?

Q: Why is the Gospel more "glorious" than the "Law"?

READ: Matthew 5:17 "Do not think that I have come to abolish the Law or the Prophets; I have not come to abolish them but to fulfill them"

Q: What has Jesus done for us?

Q: How can THAT motivate you to know Him, worship Him, serve Him?

READ: 1 John 4:19 "We love because he first loved us...."

Q: Why do we "love" God?

Q: How

READ: Romans 13:10 " Love does no wrong to a neighbor; therefore love is the fulfilling of the law."

Q: How can love motivate us to read scripture, pray, worship, witness and serve?

Q: What happens when we try and do those things outside of love?