

## Discipline Through Identity

<u>I don't really understand myself</u>, for I want to do <u>what is right</u>, but <u>I don't do it</u>. Instead, <u>I do what I hate</u>. <sup>18</sup>... I want to do <u>what is right</u>, but <u>I can't</u>. <sup>19</sup>I want to do <u>what is good</u>, but <u>I don't</u>. <u>I don't want to do what is wrong, but I do it anyway</u>. ... <sup>24</sup>Oh, what a miserable person I am! Who will free me from this life that is dominated by sin and death?

Romans 7:15, 18-19, 24

Discipline:	
Desire doesn't de	etermine
D	Discipline does.
	doesn't work.
And	isn't sustainable.
The key to really changing starts with your	
Oh, what a <u>miserable person</u>	l am! Romans 7:24

... Who will free me from this life that is dominated by sin and death? <sup>25</sup>Thank God! The answer is in <u>Jesus Christ our Lord</u>. ...

So I say, <u>walk by the Spirit</u> , and <u>you will not gratify the de</u> <u>flesh</u> .	<u>sires of the</u>
	Galatians 5:16
<i>peripateo</i> – continuous regular, life	way of
But the fruit of the Spirit is love, joy, peace, patience, kind goodness, faithfulness, gentleness, <u>self-control</u> <b>Galatia</b>	
Stop living for	
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