

Small Group Guide: Understanding the "Why" of Our Faith

September 27, 2025

Key Takeaways:

1. The Days of Awe are a time for reflection, repentance, and seeking forgiveness.
2. Torah teaches us how to live for God and restore relationships with Him and others.
3. Understanding the "why" behind our faith is crucial for spiritual growth and sharing our faith with others.
4. Our ultimate purpose is to glorify God in all aspects of our lives.

Discussion Questions:

1. What does it mean to you to "reflect on areas where we have sinned against people and sinned against God"? How can we incorporate this practice into our daily lives?
2. The message mentions that "exile is restorative." How does this concept apply to our spiritual lives today?
3. Why do you think it's easier for people to focus on the "what" and "how" of faith rather than the "why"?
4. How would you articulate the "why" of your faith to someone who asks about your beliefs?

5. The message states, "God is actively involved in His creation at this very moment." How does this truth impact your daily life and perspective?
6. Discuss the statement: "All life was created by God for His greater purposes." How does this shape our understanding of our individual roles in God's plan?

Practical Applications:

1. Take time this week to reflect on your "why" of faith. Write it down and share it with a trusted friend or family member.
2. Practice articulating your faith's "why" in a concise, meaningful way that could resonate with non-believers.
3. Identify one area of your life where you can more intentionally glorify God this week.
4. Choose a person you need to forgive or seek forgiveness from, and take action to restore that relationship.
5. Commit to reading a portion of Torah or the Gospels daily this week, focusing on how it reveals God's character and purpose.