

The Signature of God

The Songs of the Children of God

November 8, 2026

PSALM 103

A David Psalm

1 Bless, O my being, the LORD,
and everything in me, His holy name.
2 Bless, O my being, the LORD,
and do not forget all His generous acts.
3 Who forgives all your wrongs,
heals all your illnesses,
4 redeems your life from the Pit,
crowns you with kindness, compassion,
5 sates you with good while you live-
you renew your youth like the eagle.
6 The LORD performs righteous acts
and justice for all the oppressed.
7 He makes known His ways to Moses,
to the Israelites, His feats.
8 Compassionate and gracious, the LORD,
slow to anger and abounding in kindness.
9 He will not dispute forever
nor nurse His anger for all time.
10 Not according to our offenses has He done to us
nor according to our crimes requited us.
11 For as the heavens loom high over earth,
His kindness is great over those who fear Him.
12 As the east is far from the west,
He has distanced from us our transgressions.

13 As a father has compassion for his children,
the LORD has compassion for those who fear Him.
14 For He knows our devisings,
recalls that we are dust.
15 Man's days are like grass,
like the bloom of the field, thus he blooms-
16 when the wind passes by him, he is gone,
and his place will no longer know him.
17 But the LORD's kindness is forever and ever
over those who fear Him
and His bounty to the sons of sons,
18 for the keepers of His pact
and those who recall His precepts to do them.
19 The LORD set His throne firm in the heavens
and His kingdom rules over all.
20 Bless the LORD, O His messengers,
valiant in power, performing His word,
to heed the sound of His word.
21 Bless the LORD, all His armies,
His servants performing His pleasure.
22 Bless the LORD, O all His works
in all places of His dominion.
Bless, O my being, the LORD!

Reflections on Psalm 103