



Like Jesus

Combat Temptation Like Jesus

Matthew 4:1-11

Then Jesus was led by the Spirit into the wilderness to be tempted by the devil. After fasting forty days and forty nights, he was hungry. The tempter came to him and said, "If you are the Son of God, tell these stones to become bread." Jesus answered, "It is written: 'Man shall not live on bread alone, but on every word that comes from the mouth of God.'" Then the devil took him to the holy city and had him stand on the highest point of the temple. "If you are the Son of God," he said, "throw yourself down. For it is written: "'He will command his angels concerning you, and they will lift you up in their hands, so that you will not strike your foot against a stone.'" Jesus answered him, "It is also written: 'Do not put the Lord your God to the test.'" Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor. "All this I will give you," he said, "if you will bow down and worship me." Jesus said to him, "Away from me, Satan! For it is written: 'Worship the Lord your God, and serve him only.'" Then the devil left him, and angels came and attended him.

Hebrews 4:15

For we do not have a high priest who is unable to empathize with our weaknesses, but we have one who has been tempted in every way, just as we are—yet he did not sin.

Three Temptation Tactics

Tactic #1: Combat **self-serving desires**.

Strategy: Fight by relying on **God's words to nourish me**.

Ephesians 6:13-14

Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. Stand firm then, with the belt of truth buckled around your waist

Tactic #2: Combat **self-promoting plans**.

Strategy: Fight by remaining **humble in God's hands**.

I Corinthians 10:13

No temptation has overtaken you except what is common to mankind. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can endure it.

Tactic #3: Combat **short-cutting alternatives**.

Strategy: Fight by taking **the long road of obedience to God's will**.

James 4:7

Submit yourselves, then, to God. Resist the devil, and he will flee from you.

Meditation Verses This Week

Monday	Ephesians 6:10-12
Tuesday	Ephesians 6:13-15
Wednesday	Ephesians 6:16-18
Thursday	Ephesians 6:19-20
Friday	Philippians 2:1-4
Saturday	Philippians 2:5-11
Sunday	Philippians 4:8-9

