

## **Relationships 3.0**

### **Love is Patient and Kind**

**I Corinthians 13:4-8** Love is patient, love is kind. It does not envy, it does not boast, it is not proud. **5** It is not rude, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. **6** Love does not delight in evil but rejoices with the truth. **7** It always protects, always trusts, always hopes, always perseveres. **8** Love never fails.

Patience and Kindness are both fruits of the Spirit and choices of the heart.

**Colossians 3:12** As God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience.

Patience means "It takes a long time to boil or having a long fuse"

#### **Patience is practicing partnership.**

Ephesians 4:2 Be completely humble and gentle; be patient, bearing with one another in love.

Swahili Proverb "Patience attracts happiness : it brings near that which is far"

#### **Patience is practicing self-awareness.**

Proverbs 14:29 NLT People with understanding control their anger; a hot temper shows great foolishness.

#### **Patience is practicing self-leadership.**

Proverbs 16:32 NLT Better to be patient than powerful; better to have self-control than to conquer a city.

#### **Patience is practicing grace giving.**

Proverbs 19:11 A man's wisdom gives him patience; it is to his glory to overlook an offense.

Ephesians 4:32 Be kind to each other, tenderhearted, forgiving one another, just as God through Christ has forgiven you.

The Parable of the Unforgiving Debtor in Matthew 18

I Corinthians 13:4 (Phillips) "Love looks for a way of being constructive"

**Kindness is proactive, not reactive.**

I Thessalonians 5:15 Make sure that nobody pays back wrong for wrong, but always try to be kind to each other and to everyone else.

**Kindness is caringly honest.**

Proverbs 24:26 An honest answer is like a kiss on the lips.

**Kindness is not a scorekeeper.**

Proverbs 11:17 Kind people do themselves a favor, but cruel people bring trouble on themselves.

Famous Quote "Be kind, for everyone you meet is fighting a great battle"