

MANNERISMS

A Manual On How To Act Like A Man

a case study of the life of king david

By Kevin Utile

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INTRODUCTION

I write this book in the midst of personal heartache and hope. I write this book to my oldest son who is on the cusp of manhood, to my other sons who are on their way there shortly as well. I write these words as a concerned father who longs for more time with his boys, but also must send out men to be contributing warriors for the Kingdom of God.

As I see a country, and possibly even a world, filled with a lack of men. Godly men. Males who want to have sex with one of God's daughters, but doesn't want to raise and care for the child that was conceived. Males who never leave the comforts of mommy home to go to war because they are too busy playing a game on a screen simulating war. Males who are cutting off their genitals because they think they are females. Males who perpetuate adolescence because they fail to launch into the God given purpose He has bestowed on them.

I was on the trajectory of being such a male. In fact, I still have to fight against this lukewarm, feminine way of life because I see so few males around me who actually act like men. Praise God, when I was 18, I repented of my sin and began to move in the direction of being a man.

I remember going to church and observing the men in the church. Their mannerisms were much different than the teenage idiots I was constantly around. And I was the biggest teenage idiot that I knew. I had to change. I was heading to certain destruction, and I saw men who were on a path that brought life to all who around them. Men who loved one women. Men who had two jobs if needed. Men who raised more than three children. Males who acted like men. Godly men.

Now, I had a great example of a man in my dad. He is as manly as they come. He is a surfing Italian stallion who's also a Jewish carpenter. He has lived more hours with his shirt off than on. He hits nails in with one swing of the hammer. He's been married to one women his whole life. He pees outside his house on his trees. He burbs, farts, punches hard, drinks beer, smokes cigars, teaches the Bible, and plays dolls with his granddaughter.

I'm still trying to figure out why things went wrong when I was young, but like most young men in this country - I was a prodigal. I wasted precious

years of my life; which I still suffer consequences for. When I became a Christian the things my dad shared and showed me began to flood back into my heart and mind. The men around me exemplified the same truths in their lives. Most importantly, I began to be taught by God Himself through scriptures on how to act like a real man. A godly man.

It's great to have examples around us, and I hope this book encourages more males to step up and act like men. That being said, Jesus showed us how to be a perfect man. He is the God-Man. He also gave us His Holy Spirit who lives inside of us - to give us the ability and strength to obey Him. I believe I have learned a great deal reading, studying, and teaching scripture on how to act like a man the way that God commands.

Christianity was first called 'the Way'. I'm sure this was a play on how Jesus said, "I am the Way". Jesus also taught that what He commands His followers to do is to live on the 'narrow way'. He has a different manner of life, a different direction, and a different standard on how to act.

This manual is to pull out truths from scripture to teach us *mannerisms* on how to act like a man of God. We will be following the life of one of the manliest men who ever lived - king David. I will be telling my story on how I have failed in these areas and how I have found victory as well. With any book about being a man of God - we will consider how Jesus lived a perfect life.

We will consider *mannerisms* to act like, man code that should not be broken, and simple things to do today to change. I will also be quoting from a book that changed my life: *The Making Of A Man Of God* by Alan Redpath. I began to read this book that breaks down king David's life and I have never been the same.

Whether you are one of my sons with the last name Utile, a spiritual son I have discipled, or a random dude I've never met - I'm stoked you are reading this. I believe it is a simple field-manual to help you act out *mannerism* of a godly man.

~Kevin Utile

1) ANOINTED

1 Samuel 16:1-13

“For the LORD does not see as man sees; for man looks at the outward appearance, but the LORD looks at the heart.” 1 Samuel 16:7

King David

Imagine God told you that you were going to become the President of the United States of America, and He promised it to you when you were 13 years old. That is basically what happened to a shepherd boy who would become the king of Israel some 3,000 years ago. David was promised to become king as a teenager, but he had to wait around 15 years before he actually wore the crown.

I don't know if David lived reckless, but he sure did act like a man by running into what God called him to with almost no fear. As a feral teenage boy with the Holy Spirit and testosterone pulsing through him - he attacked and killed a bear, a lion, a giant, and eventually thousands of men in war. If you knew you could not die until you became president, you would probably go to war and vanquish the enemy too.

Unfortunately, a lot of young men live with that kind of recklessness, but without calling. They drive reckless. Talk reckless. Date reckless. Spend reckless. Scroll reckless. And sin is always reckless. They act like they are invincible, but they are not living with purpose. They are just being foolish.

David was different. David had a promise from God. He had an anointing from God. He had the Spirit of God. So his courage was not just teenage stupidity. It was purpose. That is what young men need. Not less strength. Not less courage. Not less intensity. Holy purpose. The Holy Spirit anointed.

Live like you are called by the God of heaven to represent Him. Live like you are going to heaven and your King could come at any moment. Live like the Holy Spirit of God actually lives inside of you.

When Samuel came to Jesse's house, all of David's brothers were passed over as king even though they looked the part on the outside. They

probably looked like ripped, good-looking warrior dudes. Samuel saw David's oldest brother and basically thought, "*This has to be the guy.*" But God said no.

God was not looking for a dude who had the appearance of a king. God was looking for the heart of a king. That is still what God is looking for. You and I need a heart for the King. That is what gives us a heart like the King.

David was anointed by God through the prophet Samuel. He knew what God called him to, and he acted like it the rest of his life. Not perfectly. We are going to see that. David sinned badly. He failed deeply. But his life bent toward God. His heart kept coming back to God. The Holy Spirit never left him.

You are not David. You are not the king of Israel. But if you belong to Jesus, you are anointed by the same Holy Spirit of God. So here is the question: *Will you live like the God of heaven lives within you?*

Man Code

Men Are ANOINTED - chosen by God for a purpose and obedient until death.

My Story

When I was in grade school, I was usually picked last when team captains would choose the most athletic guys. That seemed to define me as a child. Then I ended up hitting puberty before most of my friends, and by the end of 7th grade I was about the same size I am now in my forties. But even then, I was never perceived as the greatest. I am not big in stature. I was never great in school. I have ADHD. I am dyslexic. I had insecurity. I wanted people to see something in me that I did not always see in myself.

Before Jesus, I was a shy kid who would only come out of his shell with substances and alcohol. That's what I saw on TV and in the mannerism I saw in the world around me. That is not manhood, That is fear with a costume on.

When I became a Christian, I was anointed by the Holy Spirit. That was the moment I stepped into the purpose God had placed on my life. I did not become perfect. I did not instantly become mature. I did not suddenly stop being tempted, insecure, foolish, or selfish. But I was different. The Spirit of God was in me. The calling of God was on me. The Word of God started shaping me.

The child who used alcohol and substances to feel bold - later became a husband, father, pastor, business owner, and leader because I continued to chase the calling God has on my life. Without being obedient to the purpose God has for me, I do not know where I would be. Probably still living with my parents. Possibly dead. But definitely not a man. Certainly not a man after God's heart.

[Alan Redpath]

"The Lord is still looking, as He did in David's time, for a man after His own heart."

Jesus

Our King Jesus was anointed at His baptism. He knew why He came into the world, and His baptism was like His inauguration day to begin public ministry. He was dunked into the water, the Holy Spirit descended on Him like a dove, and the Father said:

"This is My beloved Son, in whom I am well pleased."

Jesus never chased status. He did not grow up in a palace. He was not trying to impress religious leaders. There was nothing special about Him when you looked at Him from the outside. But He lived perfectly in His anointing.

David was anointed and still sinned. Jesus was anointed and never sinned. David was called to rule Israel. Jesus came to rule heaven and earth. David killed lions, bears, giants, and enemies. Jesus crushed sin, death, hell, and the devil. David eventually sat on a throne. Jesus reigns forever.

Jesus is the greatest Man who ever lived because He is the God-Man. He lived the life we failed to live, died the death we deserved to die, and rose from the dead so we could be forgiven of sin, filled with the Spirit, and sent

to live with purpose. Because Jesus rose from the dead, we have the same Holy Spirit to live out our calling in His name. We have the anointing because of Christ.

Mannerisms

- ~Live like God called you.
- ~Obey before anyone notices.
- ~Stop chasing approval.
- ~Keep your heart for the King.

Do It Today

Write down one sentence of purpose. Use this format:

God made me to _____ for His glory.

Put it somewhere you will see everyday. Then do your job with excellence based on that purpose. Live today as if you are anointed by God to do what you have before you.

Prayer

“Father, thank You for seeing what others miss. Thank You that my life is not random. Thank You that in Jesus I am called, saved, and filled with the Holy Spirit. Make me a man after Your own heart. Teach me to obey in secret, work with purpose, and live for Your glory before anyone applauds. In Jesus’ name, amen.”