



I Am... The Bread of Life

**“I AM WHO I AM.”
Exodus 3:14**

³⁰ Jesus performed many other signs in the presence of His disciples, which are not recorded in this book. ³¹ But these are written that you may believe that Jesus is the Messiah, the Son of God, and that by believing you may have life in His name. **John 20:30-31**

John 6

- 1. KNOW that Jesus has ALL Authority**
 - a. Exodus 3:9-12; Matthew 28:18; John 6:2, 14, 24
- 2. TRUST that Jesus Knows You**
 - a. John 6:25-27
- 3. BELIEVE that Jesus Satisfies**
 - a. John 6:28-30, 32-35; Ecclesiastes 2:10-11
- 4. TURN to Christ for Clarity**
 - a. John 6:48-51; Matthew 28:19-20

Home/Group Study

Read Exodus 3:9-14 & John 6:1-35

1. Why did God respond to Moses with “I AM who I AM”? What does this tell us about God? Can you relate with Moses in this passage?
2. The listeners at the feeding of the 5,000 were physically provided for with bread and that satisfied them temporarily. What physical needs are you focused on satisfying? What other areas of your life are YOU seeking satisfaction?
3. How do you relate to the idea of ‘chasing after fullness’ rather than seeking satisfaction? What does it mean to you that Jesus is the ‘Bread of Life’?
4. Reflect on one area of your life that you’d like to see Jesus overhaul. Marriage? Parenting? Job? Family? Finances? Addiction? Etc... Do you have someone you are able to confide in / confess to with this? What steps will you take this week in order to share your burden with another?
5. What does it look like for you to turn to Jesus for clarity? What makes it difficult to stop striving after ONLY the physical or temporary needs?
6. What is something you absolutely cannot live without (beyond food, water and oxygen)? Think about fasting from this or something similar this week with the intent of growing your relationship with God and others. How can you lean into Christ more this week?