



**Mind Your Way
September 3, 2017**

**Psalm 39:4-7
Philippians 2:12-13**

Understand Spiritual Growth...

- 1. Is Normative, Not Optional**
1 Thessalonians 4:3
Hebrews 12:14
- 2. Is a Process, Not An Event**
Philippians 3:12
- 3. Is Empowered by God, Not Me**
Romans 12:2
Ephesians 3:20
- 4. Is For the Sake of Others, Not Just Myself**
Galatians 5:13

For Spiritual Growth...

#1 Internal Practice: Reflecting on Scripture

#1 External Practice: Serving Others

Home/Group Study

“To love someone is to desire and work toward their becoming the best version of themselves. The one person in all the universe who can do this perfectly for you is God.”

John Ortberg; The Me I Want to Be: Becoming God's Best Version of You

- 1. How would you define the best version of you? How do you move towards the best version of yourself?**
- 2. What are the primary hindrances to your growth in the following areas: Physical? Relational? Professional? Financial? Spiritual? Emotional?**
- 3. What could we do as a church family that would help you experience greater degrees of growth in your spiritual life? What could you do personally that would help?**
- 4. Both an inward AND outward focus are necessary for growth. Which do you find easier to attend to and why?**
- 5. Spend some time reflecting on Philippians 3:12: ¹²Not that I have already obtained all this, or have already arrived at my goal, but I press on to take hold of that for which Christ Jesus took hold of me.**